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# Read Online What Did You Expect Redeeming The Realities Of Marriage Paul David Tripp

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## **KEY=TRIPP - GAVIN MATA**

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### **WHAT DID YOU EXPECT? (REDESIGN)**

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### **REDEEMING THE REALITIES OF MARRIAGE**

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*Crossway Marriage always involves two flawed people living with each other in a fallen world. Yet many couples say "I do" with unrealistic expectations, leaving them unprepared for the day-to-day difficulties of married life. This unique book introduces a biblical and practical approach to dealing with the challenges of marriage that is rooted in God's faithfulness and the Bible's teaching on sin and grace. Outlining six practical commitments that give shape and momentum to a truly healthy and fulfilling union, this redesigned book will equip couples to develop thriving, grace-based marriages in all circumstances and seasons of their relationships.*

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### **WHAT DID YOU EXPECT?**

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### **REDEEMING THE REALITIES OF MARRIAGE**

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*Crossway Over 150,000 Copies Sold Somehow, someway, every marriage becomes a struggle. Everyone's marriage morphs into something they didn't intend it to be. At some point you need something sturdier than romance. You need something deeper than shared interests and mutual attraction. You need changed expectations, you need radical commitments, and, most importantly, you need grace.*

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## WHAT DID YOU EXPECT?

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*Inter-Varsity Press More couples than I can number have been surprised that their marriage needs the regular rescue of grace. And because they did not take their Bible seriously they were caught short in that moment when the rubber meets the road in daily live, where grace was their only hope... 'So when you are sinned against or when the fallen world breaks your door down, don't lash out or run away. Stand in all your weakness and confusion and say, 'I am not alone. God is with me, and he is faithful, powerful and willing.' You can be realistic and hopeful at the very same time. Realistic expectations are not about hope without honesty, and they are not about honesty without hope. Realism is found at the junction of unabashed honesty and uncompromising hope. God's Word and God's grace make both possible in your marriage.'*

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## MARRIAGE (REPACKAGE)

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### 6 GOSPEL COMMITMENTS EVERY COUPLE NEEDS TO MAKE

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*Crossway Updated with Discussion Questions and Two Bonus Chapters When you say "I do," you begin the journey of a lifetime— and you have dreams of that journey being perfect. But it won't take long for expectations of the perfect marriage to fade away in the struggles of everyday life. A long-term, vibrant marriage needs to be grounded in something sturdier than romance—it needs the life-changing power of the gospel. In this rebranded edition of What Did You Expect?, popular author and pastor Paul David Tripp encourages couples to make six biblical commitments to the Lord and to one another. These commitments, which include a lifestyle of confession and forgiveness, building trust, and appreciating differences, will equip couples to cultivate thriving, joy-filled marriages built on Christ.*

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## FOREVER

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### WHY YOU CAN'T LIVE WITHOUT IT

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*Zondervan The here and now is simply not able to bear the weight of our expectations. We've lost an eternal perspective, and it hurts us every day. Job disappointment, relationship struggles, and quiet feelings of disillusionment all signal that something is not quite right. Life only makes sense when you realize that all of the situations, locations, and relationships of your life were not designed to be a final resting place for your hopes and dreams, but tools of preparation for a destination to come. Living without eternity puts pressure on the here and now to be what it cannot be and to deliver what it cannot deliver. Countless people deal daily with the frustration of a life that has no "forever." In Jesus Christ the hope of eternity is restored and, with it, a radical new way of understanding and facing the normal struggles of life in a world broken and waiting for restoration.*

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## REDEEMING MONEY

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## **HOW GOD REVEALS AND REORIENTS OUR HEARTS**

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*Crossway Money. The thought of it can be overwhelming, and the pursuit of it can be addicting. Our society constantly promises us that money will provide what we want—success, comfort, peace, and happiness—leading our fickle hearts to trust money for things it was never intended to give us. Even if we think we know what the Bible says about money, there seems to be a gap between our theology and our everyday money struggles. In this practical and hopeful book, best-selling author Paul David Tripp shows us how to view and interact with money in a God-honoring way. Through chapters that expose the depths of our heart struggles and our need for grace, this book offers a roadmap to find peace, generosity, and joy in the world that God created.*

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## **WHAT DID YOU EXPECT?**

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## **REDEEMING THE REALITIES OF MARRIAGE**

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*A longtime pastor, noted author, and international conference speaker calls engaged and married couples to a grace-based lifestyle of daily reconciliation, marked by six practical commitments. Marriage, according to Scripture, will always involve two flawed people living with each other in a fallen world. Yet, in pastor Paul Tripp's professional experience, the majority of couples enter marriage with unrealistic expectations, leaving them unprepared for the day-to-day realities of married life. This unique book introduces a biblical and practical approach to those realities that is rooted in G.*

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## **DANGEROUS CALLING**

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## **CONFRONTING THE UNIQUE CHALLENGES OF PASTORAL MINISTRY**

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*Crossway After traveling the globe and speaking to thousands of churches worldwide, Paul David Tripp has discovered a serious problem within pastoral culture. He is not only concerned about the spiritual life of the pastor, but also with the very community of people that trains him, calls him, relates to him, and restores him if necessary. Dangerous Calling reveals the truth that the culture surrounding our pastors is spiritually unhealthy—an environment that actively undermines the wellbeing and efficacy of our church leaders and thus the entire church body. Here is a book that both diagnoses and offers cures for issues that impact every member and church leader, and gives solid strategies for fighting the all-important war that rages in our churches today.*

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## **LOST IN THE MIDDLE**

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## **MIDLIFE AND THE GRACE OF GOD**

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*Shepherd Press*

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## **AGE OF OPPORTUNITY**

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## **A BIBLICAL GUIDE TO PARENTING TEENS**

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*Presbyterian & Reformed Publishing Company Teenage hassles that disrupt parents' lives? Or prime opportunities to connect with, listen to, and nurture our kids? Paul Tripp uncovers the heart issues affecting parents and their teenagers during the often chaotic adolescent years. With wit, wisdom, humility, and compassion, he shows parents how to seize the countless opportunities to deepen communication, learn, and grow with their teenagers.*

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## **NEW MORNING MERCIES**

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## **A DAILY GOSPEL DEVOTIONAL**

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*Crossway 365 Gospel-Centered Devotions for the Whole Year Mornings can be tough. Sometimes, a hearty breakfast and strong cup of coffee just aren't enough. Offering more than a rush of caffeine, best-selling author Paul David Tripp wants to energize you with the most potent encouragement imaginable: the gospel. Forget "behavior modification" or feel-good aphorisms. Tripp knows that what we really need is an encounter with the living God. Then we'll be prepared to trust in God's goodness, rely on his grace, and live for his glory each and every day.*

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## **SEX IN A BROKEN WORLD**

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## **HOW CHRIST REDEEMS WHAT SIN DISTORTS**

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*Crossway We live in a deeply broken world . . . but there is hope. Sexuality is a fundamental part of what it means to be human—part of God's beautiful design when he created all things. And yet, sex in our world today looks nothing like the way that God intended it to be. Sexual brokenness surrounds us and, in one way or another, affects us all. This sexual brokenness reveals our deep need for redemption—something quick fixes, mere behavior modification, or a set of rules can't provide. Honest and direct yet kind and caring, this book points us to the only place we can find help for sexual brokenness—the transforming grace of Jesus Christ. Only this grace offers hope for a life of freedom, purity, and joy as God intended.*

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## **PUTTING YOUR PAST IN ITS PLACE**

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## **MOVING FORWARD IN FREEDOM AND FORGIVENESS**

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*Harvest House Publishers Lives grind to a halt when people don't know how to relate to their past. Some believe "the past is nothing" and attempt to suppress the brokenness again and again. Others miss out on renewal and change by making the past more important than their present and future. Neither approach moves people toward healing or hope. Pastor and biblical counselor Stephen Viars introduces a third way to view one's personal history--by exploring the role of the past as God intended. Using Scripture to lead readers forward, Viars provides practical measures to understand the important place "the past" is given in Scripture replace guilt and despair with forgiveness and hope turn failures into stepping stones for growth This motivating, compassionate resource is for anyone ready to review and release the*

past so that God can transform their behaviors, relationships, and their ability to hope in a future.

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## **AWE**

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### **WHY IT MATTERS FOR EVERYTHING WE THINK, SAY, AND DO**

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*Crossway Humans are hardwired for awe. Our hearts are always captured by something—that's how God made us. But sin threatens to distract us from the glory of our Creator. All too often, we stand in awe of everything but God. Uncovering the lies we believe about all the earthly things that promise us peace, life, and contentment, Paul Tripp redirects our gaze to God's awe-inducing glory—showing how such a vision has the potential to impact our every thought, word, and deed.*

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### **THIS MOMENTARY MARRIAGE**

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#### **A PARABLE OF PERMANENCE**

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*Crossway Reflecting on forty years of matrimony, John Piper exalts the biblical meaning of marriage over its emotion, exhorting couples to keep their covenant for all the best reasons. Even in the days when people commonly stayed married "'til death do us part," there has never been a generation whose view of marriage was high enough, says Pastor John Piper. That is all the more true in our casual times. Though personal selfishness and cultural bondage obstruct the wonder of God's purpose, it is found in God's Word, where his design can awaken a glorious vision capable of freeing every person from small, Christ-ignoring, romance-intoxicated views. As Piper explains in reflecting on forty years of matrimony: "Most foundationally, marriage is the doing of God. And ultimately, marriage is the display of God. It displays the covenant-keeping love between Christ and his people to the world in a way that no other event or institution does. Marriage, therefore, is not mainly about being in love. It's mainly about telling the truth with our lives. And staying married is not about staying in love. It is about keeping covenant and putting the glory of Christ's covenant-keeping love on display." This Momentary Marriage unpacks the biblical vision, its unexpected contours, and its weighty implications for married, single, divorced, and remarried alike.*

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#### **DATE YOUR WIFE**

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*Crossway An Intensely Practical Guide for Husbands Looking to Strengthen, Save, or Spice up Their Marriage Most men don't know how to date their wives. They did it before, but they've forgotten how, or they're trying but it just doesn't seem to be working. Justin Buzzard helps men re-learn this all-important skill from a position of security in the gospel of grace. As a father of three boys and husband, Justin offers guys a helping hand, good news, and wise counsel, along with: 100 practical ideas for how to date your wife Action steps at the end of each chapter Personal stories and real-life examples All types of marriages—good ones, mediocre ones, and bad ones—will experience a jumpstart as a result of hearing, believing, and living the message of Date Your Wife.*

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## **SEX & MONEY**

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### **PLEASURES THAT LEAVE YOU EMPTY AND GRACE THAT SATISFIES**

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*Crossway Books Explains that the world has gone mad for sex and money and that the insanity for these two chief pleasures can be overcome with God's word and the power of the gospel.*

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## **REDEEMING POWER**

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### **UNDERSTANDING AUTHORITY AND ABUSE IN THE CHURCH**

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*Brazos Press Power has a God-given role in human relationships and institutions, but it can lead to abuse when used in unhealthy ways. Speaking into current #MeToo and #ChurchToo conversations, this book shows that the body of Christ desperately needs to understand the forms power takes, how it is abused, and how to respond to abuses of power. Although many Christians want to prevent abuse in their churches and organizations, they lack a deep and clear-eyed understanding of how power actually works. Internationally recognized psychologist Diane Langberg offers a clinical and theological framework for understanding how power operates, the effects of the abuse of power, and how power can be redeemed and restored to its proper God-given place in relationships and institutions. This book not only helps Christian leaders identify and resist abusive systems but also shows how they can use power to protect the vulnerable in their midst.*

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## **THE ACT OF MARRIAGE**

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### **THE BEAUTY OF SEXUAL LOVE**

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*Zondervan With over 2.5 million copies sold since its release in 1976, The Act of Marriage has helped Christian couples around the world discover new joy and sexual fulfillment in marriage. This new edition expands on topics previously only touched on and includes updates on the latest findings in medicine and social science. It offers biblical principles, goals, guidelines, and charts to help couples enrich their physical relationship.*

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## **DO YOU BELIEVE?**

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### **12 HISTORIC DOCTRINES TO CHANGE YOUR EVERYDAY LIFE**

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*Crossway Best-Selling Author Paul David Tripp Unpacks 12 Doctrines for Everyday Christian Living Doctrine—what Christians believe—directly influences how they live. The biblical truths about God, humanity, and the world are not merely about knowing more—they are also about loving God and making sense of this life and the life to come. But what happens when there is disparity between what believers confess and how they live? In his latest book, Do You Believe?, pastor and best-selling author Paul David Tripp takes a close look at 12 core doctrines and how they engage and transform the human heart and mind. According to Tripp, “true belief is always lived.” To demonstrate, he unpacks each doctrine and presents its relevance for the*

*Christian life. As readers explore topics such as the doctrine of God, the holiness of God, and the doctrine of Scripture, they will be fueled to fall deeper in love with and stand in awe of their Creator and Father—putting the truths of God’s word on display for all the world to see.*

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## **THRIVING DESPITE A DIFFICULT MARRIAGE**

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*Tyndale House Christian psychologists Michael Misja and Chuck Misja show you how to be free from shame if your marriage is not “successful” by conventional Christian standards. Learn:the practical theology of desirehow the battlefield of the soul impacts your lifethe relational process for moving from hoping in your marriage to hoping in Godhow to love from godly strength, without asking for a response from your spouse*

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## **INSTRUMENTS IN THE REDEEMER'S HANDS**

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### **PEOPLE IN NEED OF CHANGE HELPING PEOPLE IN NEED OF CHANGE**

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*P & R Publishing In many ways, the church today has more consumers than committed participants. We see church merely as an event we attend or an organization we belong to, rather than as a calling that shapes our entire life. Many of us would be relieved if God had placed our sanctification in the hands of trained professionals, but that simply is not the biblical model. God's plan is that through the faithful ministry of every part, the whole body will grow to maturity in Christ. All of his children are called into ministry, and each of them needs the daily intervention this ministry provides. God uses people, who need change themselves, as instruments of change in others. Tripp explains how his work follows an "all of my people, all of the time" model. If you followed the Lord for a thousand years, you would still need the ministry of the body of Christ as much as you did the day you first believed. This need will remain until our sanctification is complete in Glory*

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## **MY HEART CRIES OUT**

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### **GOSPEL MEDITATIONS FOR EVERYDAY LIFE**

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*Crossway This ebook edition contains artwork adapted from the print edition to fit the digital format. "My hope is that this volume will help you to see the Savior more clearly, to understand his grace more deeply, to confess your struggle more honestly, to worship him more fully, and to find in these meditations the motivation to continue to follow the Savior even when he’s leading you into unexpected and hard places.” —Paul David Tripp Best-selling author Paul David Tripp invites you into his personal reflections on his experience of God’s ever-present grace through the ups and downs of his life. He shares his celebrations, disappointments, cries for help, confessions, and confusions in the form of 120 meditations that were written over many years through various joys and struggles. Vulnerable yet pastoral and wise, these meditations in the form of verse showcase how God’s amazing grace intersects with the mundane, unexpected, messy, and beautiful moments of everyday life.*

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## **WORTHY**

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### **CELEBRATING THE VALUE OF WOMEN**

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*Baker Books* What does the Bible say about the value of women? Does the Bible teach that women are as valuable as men or does it portray them as somehow more flawed, more suspect, or weak and easily deceived? Beginning from Genesis and working all the way through the storyline of the Bible, *Worthy* demonstrates the significant and yes, even surprising, ways that God has used women to accomplish His kingdom goals. Because, like men, they are created in His image, their lives reflect and declare His worth. *Worthy* will enable and encourage both men and women to embrace this true and lofty vision of God's creation, plan, and their value in His eyes. Bestselling author Elyse Fitzpatrick and pastor Eric Schumacher together invite women to embrace a transformative and empowering view of their Maker, themselves, and the church. But this isn't only a book for women. It is also a book for men, especially leaders, who want to grow in their understanding of God's perspective on women, people who normally make up the majority of their congregations; men who might be wondering if they've missed something amid the abuse scandals that are rocking the church. Might the headlines they're reading today about abuse have their roots in a denigration of the value and worth of women? *Worthy: Celebrating the Value of Women* will help every reader see the value, place, and calling of women through study questions and a "Digging Deeper" section that will help men and women discover how to cherish, value, and honor one another for God's glory.

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## **PARENTING**

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### **14 GOSPEL PRINCIPLES THAT CAN RADICALLY CHANGE YOUR FAMILY**

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*Crossway* Winner of the ECPA Book of the Year Award for Christian Living What is your calling as a parent? In the midst of folding laundry, coordinating carpool schedules, and breaking up fights, many parents get lost. Feeling pressure to do everything "right" and raise up "good" children, it's easy to lose sight of our ultimate purpose as parents in the quest for practical tips and guaranteed formulas. In this life-giving book, Paul Tripp offers parents much more than a to-do list. Instead, he presents us with a big-picture view of God's plan for us as parents. Outlining fourteen foundational principles centered on the gospel, he shows that we need more than the latest parenting strategy or list of techniques. Rather, we need the rescuing grace of God—grace that has the power to shape how we view everything we do as parents. Freed from the burden of trying to manufacture life-change in our children's hearts, we can embrace a grand perspective of parenting overflowing with vision, purpose, and joy.

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## **SURPRISED BY GRACE**

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### **GOD'S RELENTLESS PURSUIT OF REBELS**

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*In studying the book of Jonah, Tchividjian highlights the unexpected compassion and*

*relentless grace of God, showing how this truth impacts how we view ourselves and those around us. Now available in paperback.*

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## **GOOD AND ANGRY**

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### **REDEEMING ANGER, IRRITATION, COMPLAINING, AND BITTERNESS**

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*New Growth Press Good and Angry, a groundbreaking book from David Powlison, shows readers how anger is more than a problem to solve. Anger is our complex human response to what we perceive as wrong in a complex world, thus we must learn how to fruitfully and honestly deal with it. Powlison undertakes an in-depth exploration of the roots of anger, moral judgment, and righteous response by looking in a surprising place: God's own anger. Good and Angry examines God's desire for justice and his anger, which doesn't devolve into manipulation. Rather, God's anger is good and redemptive, and it causes him to step into our world to make wrongs right, sending his own Son to die so we can be reconciled. In this book full of practical and biblical help, Powlison sets readers on a path toward a faithful and fruitful expression of anger, in which we return good for evil and redeem wrongs. Powlison investigates how God is our model for change and our power for change. Good and Angry helps people who struggle with irritation, complaining, or bitterness explore how to respond constructively when life goes wrong. You, your family, and your friends will all be glad that you read this book.*

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## **MULTIPLY**

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### **DISCIPLES MAKING DISCIPLES**

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*David C Cook Jesus gave his followers a command: "Follow me." And a promise: "And I will equip you to find others to follow me." We were made to make disciples. Designed for use in discipleship relationships and other focused settings, Multiply will equip you to carry out Jesus's ministry. Each of the twenty-four sessions in the book corresponds with an online video at [www.multiplymovement.com](http://www.multiplymovement.com), where New York Times bestselling author David Platt joins Francis in guiding you through each part of Multiply. One plus one plus one. Every copy of Multiply is designed to do what Jesus did: make disciples who make disciples who make disciples... Until the world knows the truth of Jesus Christ.*

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## **A SHELTER IN THE TIME OF STORM**

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### **MEDITATIONS ON GOD AND TROUBLE**

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*Crossway Fifty-two meditations on Psalm 27 instruct and encourage believers to worship God through the ups and downs of life. Psalm 27 is a psalm of trouble and worship, of difficulty and beauty, of the evil of people against people, and of the mercy of God. Because of its honesty about life in this fallen world, Psalm 27 speaks into the life of every believer. At the same time it places joyful and self-sacrificing worship right next to the trouble that is the psalm's background theme. This juxtaposition makes Psalm 27 unique, interesting, practical, challenging, and encouraging. A Shelter in the Time of Storm takes readers through this roller-*

coaster-ride of a psalm in fifty-two brief and engaging meditations. These meditations are designed to fill hearts with a patient hope that grows stronger as the trouble-spotted days go by. Reflection questions at the end of the chapter make these meditations thought-provoking and practical.

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## **RELATIONSHIPS**

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### **A MESS WORTH MAKING**

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*New Growth Press Relationships are messy. In this deeply insightful book by Paul David Tripp and Timothy S. Lane, readers are presented with the power of grace to redeem and restore relationships. Through straightforward language, the authors walk through the relational disappointments we all suffer by offering deep, Christ-centered thought and broad counseling experience. Relationships dwells on fresh hope and practical answers, exposing deeper issues that keep relationships less than they are designed to be. Christ showed us nothing matters more to God than how we love one another, yet so many of us settle for too little in our relationships. This invaluable resource convincingly testifies God's power to restore relationships by working within the following: Resolving conflicts Turning tough conversations to positive conversations Expressing and sharing real love that comes from forgiveness; Maturing casual relationships into deep friendships Applauding strengths instead of dwelling on weaknesses Making way for honesty without being mean or unkind Rather than presenting new or sophisticated techniques to make relationships flourish, the authors instead focus on the basic character qualities that can only be formed in the heart by the gospel. This book is not a simplistic how-to manual on relationships, offering lists to check off from theoretical procedures based on someone else's idea of a model relationship. Rather, it is about the life-changing work of Christ and the power and wisdom God graciously uses to redeem relationships. We are called to be people of great character so when we do come in contact with the world, our character shapes and influences those around us. Even though relationships are messy, God uses them to rescue us from ourselves.*

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### **ONE MORE TRY**

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### **WHAT TO DO WHEN YOUR MARRIAGE IS FALLING APART**

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*Moody Publishers When doors slam and angry words fly, when things just aren't working out, and even when your spouse has destroyed your trust, there is still hope. If you feel like your marriage is near the breaking point, or even if you've already separated, Gary Chapman will show you how you can give your marriage one more try. One More Try will help you . . . Take the next step when blindsided in marriage; Discover healthy ways to manage frustration and anger; Effectively deal with loneliness; Renew hope and trust in your spouse; and Rebuild your marriage from the ground up. Distress or even separation do not necessarily mean divorce is imminent. Matter of fact, it's possible that these may even lead to a restored, enriched, growing marriage. The outcome of this challenging time is determined solely by the individuals involved. If you're willing to make the most of that process, then begin the journey with confidence as Gary walks you step-by-step towards*

healing and hope. \*The content of this book has been significantly revised and updated from its previous title *Hope for the Separated*.\*

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## **THE JOY OF THE GOSPEL**

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### **EVANGELII GAUDIUM**

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*Image The perfect gift! A specially priced, beautifully designed hardcover edition of The Joy of the Gospel with a foreword by Robert Barron and an afterword by James Martin, SJ. "The joy of the gospel fills the hearts and lives of all who encounter Jesus... In this Exhortation I wish to encourage the Christian faithful to embark upon a new chapter of evangelization marked by this joy, while pointing out new paths for the Church's journey in years to come." - Pope Francis This special edition of Pope Francis's popular message of hope explores themes that are important for believers in the 21st century. Examining the many obstacles to faith and what can be done to overcome those hurdles, he emphasizes the importance of service to God and all his creation. Advocating for "the homeless, the addicted, refugees, indigenous peoples, the elderly who are increasingly isolated and abandoned," the Holy Father shows us how to respond to poverty and current economic challenges that affect us locally and globally. Ultimately, Pope Francis demonstrates how to develop a more personal relationship with Jesus Christ, "to recognize the traces of God's Spirit in events great and small." Profound in its insight, yet warm and accessible in its tone, The Joy of the Gospel is a call to action to live a life motivated by divine love and, in turn, to experience heaven on earth. Includes a foreword by Robert Barron, author of Catholicism: A Journey to the Heart of the Faith and James Martin, SJ, author of Jesus: A Pilgrimage*

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## **A QUEST FOR MORE**

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### **LIVING FOR SOMETHING BIGGER THAN YOU**

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*New Growth Press Paul David Tripp expertly traverses the deepest recesses of the human heart and compassionately invites fellow Christian travelers to journey with him into God's bigger kingdom. Readers will be encouraged, excited, and motivated by hope as they learn how to set aside their "little kingdom" attachments—which can expertly masquerade within the church as Christian activism, legalism, emotionalism, formalism, creedalism, and externalism—in favor of God's expansive and soul-freeing eternal quest. Tripp demonstrates through sound, biblical principles how humanity is made by God to transcend far beyond the mere physical realm, and humans are likewise created to be "glory junkies;" those whose visionary lives are governed by God's grand purposes rather than existing only within their narrow, self-interested confines. Tripp shows Christians how to "transcend" through daily, moment-by-moment practical methodology that transforms individuals into the image of Christ. Within this purpose-driven framework, Paul David Tripp compels believers to see beyond the worldly deception of personal achievement, success, materialism to break free from this ungodly fulfillment that is too easily satisfied with a mediocre walk with Christ. Instead the author invites committed sojourners to a life characterized by an unyielding passion that pursues God simply for the pleasure of*

*his glorious company and, in the process, affect eternal change in a hurting, hopeless world.*

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## **REDEEMING LOVE (MOVIE TIE-IN)**

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*Multnomah "Soon to be major motion picture"--Cover.*

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## **COME, LET US ADORE HIM**

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## **A DAILY ADVENT DEVOTIONAL**

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*Crossway This year, don't let Christmas sneak up on you again. The wonder and awe of the Christmas season can easily get overshadowed by lights, tinsel, bows, and paper—not to mention last-minute trips to the mall and visits to the in-laws. In all the hustle and bustle, we often lose sight of what's most important. This book of daily readings for the month of December by best-selling author Paul David Tripp will help you slow down, prepare your heart, and focus on what matters most: adoring our Savior, Jesus.*

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## **HAPPY WIVES CLUB**

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## **ONE WOMAN'S WORLDWIDE SEARCH FOR THE SECRETS OF A GREAT MARRIAGE**

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*Thomas Nelson A New York Times Bestseller! One woman undertakes a worldwide search to learn the secrets of a great marriage—and finds one foundational truth that could change everything. Fawn Weaver was a happily married woman running a successful business—and then something happened. Maybe it was divorce rate reports on the evening news, *The Real Housewives of Orange County*, or any daytime talk show where husbands and wives dramatically reveal their betrayals. Everywhere she looked, Fawn saw negative portrayals of marriage dominating the airwaves and dooming everyone to failure. Looking at Keith, the love of her life, she knew that wasn't true. She was determined to find and connect with women just like her—happy and optimistic about marriage, deeply in love with her spouse, and committed to building a strong marriage that stands the test of time. On a whim, she started the blog [HappyWivesClub.com](http://HappyWivesClub.com) and sent the link to a few of new friends. What started as a casual invitation to five women exploded into an international online club with 150,000 members in more than 100 countries. *Happy Wives Club* is Fawn's journey across the world to meet her friends and discover what makes their marriages great. Join her on this exciting, exotic trip across six continents and through more than eighteen cities. Walk the streets of Mauritius, the historic ruins in Italy, and the vistas of New Zealand and Australia. Go from Cape Town to London, Manila to Buenos Aires, Winnipeg to Zagreb. Along the way, you will meet everyday women whose marriage secrets span cultures. You will hear their stories, witness their love, and be inspired by the proof that happy, healthy marriages do exist—and yours can be one of them! It turns out great marriages are all around us—when we look for them. Go on a trip with Fawn and learn the best marriage secrets the world has to offer.*

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## HOW PEOPLE CHANGE

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*New Growth Press* What does it take for lasting change to take root in your life? If you've ever tried, failed, and wondered what you could do differently, you need to read *How People Change*. In the book, biblical counseling experts Timothy S. Lane and Paul David Tripp explain the biblical pattern for change in a clear, practical way you can apply to the challenges of daily life. But change involves much more than just a biblical formula: you will see how God is at work to make you the person you were created to be. That powerful, loving, redemptive relationship is at the heart of all positive change you experience. A changed heart is the bright promise of the gospel, but many of us wonder if we'll ever see lasting change take root in our lives. When the Bible talks about the gift of a new heart, it doesn't mean a heart that is immediately perfected, but a heart that is capable of being changed. Jesus's work on the cross targets our hearts, our core desires and motivations, and when our hearts change, our behavior changes. *How People Change* targets the root of a person: the heart. When our core desires and motivations change, only then will behavior follow. Using a biblical model of Heat, Thorns, Cross, and Fruit, Paul David Tripp and Timothy S. Lane reveal how lasting change is possible. You don't need to be stuck anymore. In Christ, you are a new creation. The old has gone and the new has come. Includes a foreword by David Powlison.

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## REDEEMING YOUR TIME

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### 7 BIBLICAL PRINCIPLES FOR BEING PURPOSEFUL, PRESENT, AND WILDLY PRODUCTIVE

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*WaterBrook* Manage your time the way Jesus managed his with a biblical antidote to swamped to-do lists and hurried schedules. "A highly practical road map."—Mark Batterson, *New York Times* bestselling author and lead pastor of National Community Church Despite the overwhelming amount of resources for time management and work-life balance, the ability to cultivate the efficiency and equilibrium needed to manage all our worthy pursuits can often feel frustratingly out of reach. The reason for our struggle is that productivity and time-management systems focus on individual habits rather than more meaningful and lasting lifestyle changes. But as it turns out, there is a better way to reach our full potential. We don't need just another approach to changing our habits. What we need is an operating system that takes into account the full scope of our lives. In these pages, bestselling author Jordan Raynor presents this system, using seven powerful time-management principles drawn from the example of how Jesus lived: 1. Start with the Word: Find meaningful connection with the author of time daily. 2. Let Your Yes Be Yes: Accept only the commitments you can fulfill. 3. Dissent from the Kingdom of Noise: Create room for silence, stillness, and reflection. 4. Prioritize Your Yeses: Confidently maintain your commitments. 5. Accept Your "Unipresence": Focus on one important thing at a time. 6. Embrace Productive Rest: Live the God-designed rhythms of rest which are productive for our goals and souls. 7. Eliminate All Hurry: Embrace productive busyness while ruthlessly eliminating hurry from our lives. With these principles, you'll see how Jesus managed his time on earth and how he responded to

human constraints much like the ones you face today. More than that, you'll discover corresponding practices that will help you embrace the best, most Christlike version of yourself possible: purposeful, present, and wildly productive.

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## **GIVE THEM GRACE**

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### **DAZZLING YOUR KIDS WITH THE LOVE OF JESUS**

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*Crossway* How are parents to raise children so they don't become Pharisees (legalists) or prodigals (rebels)? It's all about grace-filled, gospel-driven parenting, says the mother/daughter team of Elyse Fitzpatrick and Jessica Thompson. Christian parents, in their desire to raise godly children, can drift toward rule-centered discipline. There is, however, a far more effective method—a grace-motivated approach that begins with the glorious truth of God's love for sinners. In *Give Them Grace*, parents will learn how to connect the benefits of the cross—especially regeneration, adoption, and justification—to their children's daily lives. Chapters address topics such as our inability to follow the law perfectly, God's forgiveness and love displayed at the cross, and what true heart obedience looks like. Fitzpatrick and Thompson also discuss discipline, dealing with popular culture, and evangelism as a way of life. Parents will find this book a great resource for raising grace-filled, Jesus-loving kids.

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## **PRACTICAL AYURVEDA**

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### **FIND OUT WHO YOU ARE AND WHAT YOU NEED TO BRING BALANCE TO YOUR LIFE**

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*Penguin* Are you looking for renewed energy, relief from stress, improved sleep, and much more? Start your Ayurveda wellness journey here. Practiced in India for millennia, Ayurveda means life-knowledge—it reveals the path to ultimate well-being by identifying your individual characteristics and patterns of health, and showing you how to bring balance to your life. Learn your Ayurvedic body type (dosha) through a simple self-assessment questionnaire, and how to apply Ayurveda to elements of any lifestyle. Adjust your diet to suit your body type using recipes and ingredient lists, stretch and energize your body through yoga, and focus and relax your mind with meditation and positive thinking exercises. You can also look up home therapies and remedies for a variety of common ailments. Whether you discovered this ancient lifestyle practice yourself, through your yoga practice, or as an alternative therapy, use *Practical Ayurveda* to learn how to apply its wisdom to the modern world.