
Bookmark File PDF Nikon Coolpix S6300 User Manual

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KEY=NIKON - KHAN MASON

Advances in Visual Computing

10th International Symposium, ISVC 2014, Las Vegas, NV, USA, December 8-10, 2014, Proceedings, Part II

Springer **The two volume set LNCS 8887 and 8888 constitutes the refereed proceedings of the 10th International Symposium on Visual Computing, ISVC 2014, held in Las Vegas, NV, USA. The 74 revised full papers and 55 poster papers presented together with 39 special track papers were carefully reviewed and selected from more than 280 submissions. The papers are organized in topical sections: Part I (LNCS 8887) comprises computational bioimaging, computer graphics; motion, tracking, feature extraction and matching, segmentation, visualization, mapping, modeling and surface reconstruction, unmanned autonomous systems, medical imaging, tracking for human activity monitoring, intelligent transportation systems, visual perception and robotic systems. Part II (LNCS 8888) comprises topics such as computational bioimaging , recognition, computer vision, applications, face processing and recognition, virtual reality, and the poster sessions.**

Nikon

A Celebration - Third Edition

The Crowood Press **This book is much more than just a history of the high-quality cameras and lenses that have made the Nikon brand a household name; it is also a chronicle of the birth of this most famous of Japanese photography equipment manufacturers and the way in which it has evolved over 100 years to keep abreast of advances in technology and ahead of the competition. This fully updated and expanded third edition is heavily illustrated throughout with rare archive material from around the world, and augmented by a feast of original shots and pictures of the cameras in use. The text is backed up by extensive appendices containing everything the avid Nikon collector needs to know. A celebration of the birth of this most famous of Japanese photography equipment manufacturers Nikon 2017 was the 100th Anniversary of Nikon. Fully updated and expanded third edition for 2018.**

Fotografia para Iniciantes 07

On Line Editora

Guia Fotografia para Iniciantes

[On Line Editora](#) Este é um guia completo de como clicar, editar e compartilhar imagens. Veja como ser criativo usando sombras e entenda arrumar pequenos detalhes para conseguir retratos perfeitos. E não é só: ajudamos você a escolher o tipo certo de câmera para as suas necessidades. Confira tudo isso e muito mais! Confira nossas dicas de como capturar os melhores momentos de festa e produzir imagens fantásticas de qualquer tipo de evento em família ou entre amigos.

Méthodes statistiques appliquées au management

[Pearson Education France](#) Ce manuel présente les fondamentaux de statistiques (statistique descriptive, statistique inférentielle, modélisation et prévision) dans une optique managériale. Rigoureux et pratique, il permet de : décider dans quel cas utiliser la méthode statistique présentée. savoir la mettre en oeuvre (conditions d'application). l'interpréter au regard de problématiques managériales. Seuls les résultats essentiels sont présentés afin de faciliter la compréhension des notions et de se concentrer sur les problématiques managériales. Les démonstrations et explications des théories utilisées sont développées sur le site compagnon. L'orientation pratique et managériale se manifeste par les éléments suivants : Le livre aborde seulement les méthodes statistiques utiles au manager, et laisse de côté les éléments les plus poussés et les probabilités. Dans le même esprit, il présente uniquement les tests les plus importants ayant une approche applicative et managériale. Les chapitres sont organisés selon la procédure à suivre pour réaliser la méthode statistique présentée et s'achèvent sur un schéma de procédure générale qui permet d'obtenir la méthode présentée. Les chapitres comprennent des définitions sous forme d'encadrés, des exemples réels en marketing, finance, RH, etc., ainsi que des illustrations de sorties informatiques de logiciels statistiques (SPSS, Excel, SPAD). La rubrique Dans la pratique explique comment l'on procède concrètement sur le terrain. Chaque chapitre est complété par des questions de compréhension et par des exercices qui portent sur les principales questions que l'on se pose en pratique : prévision du trafic de téléphonie pour 2012, le taux de service est-il suffisant pour rentabiliser les coûts supplémentaires induits par un nouveau système logistique ?, comparaison de l'efficacité de deux campagnes d'e-mailing, etc.

David Busch's Sony Alpha a6000/ILCE-6000 Guide to Digital Photography

[Rocky Nook, Inc.](#)

Financial and Accounting Guide for Not-for-Profit Organizations

[John Wiley & Sons](#) This Seventh Edition is filled with authoritative advice on the financial reporting, accounting, and control situations unique to not-for-profit organizations. It contains discussions of the accounting and reporting guidelines for different types of organizations, complete guidance on tax and compliance reporting requirements, illustrated explanations of various types of acceptable financial statements, and much more!

Photographer's Guide to the Nikon Coolpix P1000

Getting the Most from Nikon's Superzoom Digital Camera

[White Knight Press](#) This book is a complete guide to the operation of the Nikon Coolpix P1000 digital camera. The book explains all shooting modes, menus, functions, and controls of this superzoom camera, illustrated by more than 300 full-color images. The guide shows beginning and intermediate photographers how to get excellent results using the many features of the P1000. The book explains topics such as autofocus, manual focus, HDR (High Dynamic Range) photography, ISO sensitivity, memory cards, and flash modes. It discusses techniques for using the P1000's phenomenal zoom lens, with a maximum optical focal length of 3000mm, to full advantage. The book also explains the camera's features for remote control and image transfer using a smartphone or tablet with the P1000's built-in Wi-Fi and Bluetooth capabilities, as well as the camera's features for adding location data to images. The book includes sample photos taken with the creative options of the camera, including the Picture Control settings, which alter color processing of images; the

Bird-watching, Moon, Creative, and Scene shooting modes, with settings optimized for subjects such as landscapes, pets, sunsets, and action shots; and the Coolpix P1000's features for burst shooting and time-lapse photography. In addition, the book provides introductions to topics such as street photography, infrared photography, and macro photography. The book also explains the video features of the P1000, which can shoot 4K video and can record high-speed video sequences at speeds up to four times greater than normal, resulting in slow-motion footage when played back. In addition, the book describes procedures for using the Filter Effects option to add special effects to images after they have been captured. In its three appendices, the book discusses accessories for the Coolpix P1000, including external flash units, microphones, remote control devices, cases, and charging and power options. The appendices also include a list of useful web sites and other references, as well as a section with "quick tips" to help users take advantage of the camera's features in the most efficient ways possible. This guide book to the P1000 camera includes a detailed Table of Contents and Index.

Pacific Diver

iPhoto - Gérez vos photos sur Mac

Compétence Mac Ce livre de 184 pages se consacre au logiciel iPhoto, déjà installé sur votre Mac. Grâce à ce guide pratique richement illustré d'exemples concrets, vous allez apprendre à mieux gérer vos photos afin d'en profiter pleinement. Pour y parvenir, une méthode en trois étapes vous est proposée. La première vous accompagne durant l'importation des images provenant de tous types d'appareils (appareil photo, carte mémoire, smartphone, etc.) sur le disque dur de votre Mac. La seconde étape se concentre plus particulièrement sur l'organisation des photos : création d'événements et de dossiers, classement chronologique, reconnaissance des visages et identification des lieux, ajout de mots-clés, marquages spécifiques, etc. Enfin, le troisième volet du livre aborde la synchronisation de vos photos entre le Mac, l'iPhone et l'iPad : création d'albums partagés, gestion d'un compte iCloud, mise en place d'une galerie en ligne, etc. Ce livre délivre de plus quelques conseils de prise de vue afin de faciliter la réalisation de beaux clichés.

Digital Outdoor Photography

101 Top Tips

Lark Books Presents 101 tips for taking effective outdoor photographs, covering such topics as meters, composition, lighting, action shots, and post shooting tasks.

Photographer's Guide to the Nikon Coolpix P900

Getting the Most from Nikon's Superzoom Digital Camera

White Knight Press This book, by Alexander S. White, is a complete, clearly written guide to the operation of the Nikon Coolpix P900 digital camera. The book explains all shooting modes, menus, functions, and controls of this superzoom camera, accompanied by more than 350 full-color illustrations and sample photographs. The guide shows beginning and intermediate photographers how to use the camera's many options to get the results they want. The book explains topics such as autofocus, manual focus, HDR (High Dynamic Range) photography, ISO, memory cards, and flash modes. It includes a discussion of techniques for using the P900's phenomenal zoom lens, with a maximum optical focal length of 2000mm, to full advantage. The book also discusses the camera's features for image transfer and remote control through the P900's built-in Wi-Fi network, as well as its features for adding location data to images. The book includes sample images taken with the creative settings of the camera, including the Picture Control options, which alter the color processing of images; the Scene and Special Effects shooting modes, with settings optimized for subjects such as landscapes, birds, pets, sunsets, and action shots; and the camera's features for burst shooting and time-lapse photography. In addition, the book provides introductions to topics such as infrared photography, street photography, and macro photography. The book also explains the video features of the P900, which can shoot HD video with stereo sound and can record high-speed video at rates up to 4 times normal speed. In addition, the book describes procedures for playing back images and videos in the camera and for using the Filter Effects option to add special effects to images.

after they have been captured. In three appendices, the book discusses accessories for the Coolpix P900, including cases, external flash units, and charging and power options. The appendices include a list of useful web sites and other resources, as well as a section with “quick tips” to help users take advantage of the camera’s features in the most efficient ways possible.

The Gamin de Paris in Nineteenth-Century Visual Culture

Delacroix, Hugo, and the French Social Imaginary

[Taylor & Francis](#) The revolutionary boy at the barricades was memorably envisioned in Eugène Delacroix’s painting *Liberty Leading the People* (1830) and Victor Hugo’s novel *Les Misérables* (1862). Over the course of the nineteenth century, images of the Paris urchin entered the collective social imaginary as cultural and psychic sites of memory, whether in avant-garde or more conventional visual culture. Visual and literary paradigms of the mythical gamin de Paris were born of recurring political revolutions (1830, 1832, 1848, 1871) and of masculine, bourgeois identity constructions that responded to continuing struggles over visions and fantasies of nationhood. With the destabilization of traditional, patriarchal family models, the diminishing of the father’s symbolic role, and the intensification of the brotherly urchin’s psychosexual relationship with the allegorical motherland, what had initially been socially marginal eventually became symbolically central in classed and gendered inventions and repeated re-inventions of “fraternity,” “people,” and “nation.” Within a fundamentally split conception of “the people,” the bohemian boy insurrectionary, an embodiment of freedom, was transformed by ongoing discourses of power and reform, of victimization and agency, into a capitalist entrepreneur, schoolboy, colonizer, and budding military defender of the fatherland. A contested figure of the city became a contradictory emblem of the nation.

Nikon D7200 For Dummies

[John Wiley & Sons](#) Your plain-English, full-color guide to the Nikon D7200 Your Nikon D7200 comes packed with enough power to satisfy even seasoned photographers. Unfortunately, it doesn’t come with an easy guide on how to adjust the camera’s settings to get the photos you want. That’s where *Nikon D7200 For Dummies* comes in! Brimming with the tips, tricks, and friendly instruction you’d gain in a basic photography course, it shows you how to get the very most out of your new Nikon D7200—without losing your cool. Written by an experienced photographer and photography teacher, this fun, no-nonsense guide quickly gets you up and running on taking your first photos in automatic mode, then moves on to help you grasp more advanced features, like controlling exposure, adjusting color and focus for better results, using scene modes and priority modes, shooting portraits, action shots, outdoor shots, and night images—and so much more. Navigate your camera’s buttons, dials, and settings Apply pro tricks to get better color, focus, and sharpness from your images Control exposure settings and jump from auto mode to manual Make sense of tricky material through full-color explanations of core photography concepts If you’re the proud new owner of a Nikon D7200, but don’t have a ton—or any—experience with cameras, this hands-on guide will have you taking photos like a pro in no time!

David Busch’s Compact Field Guide for the Nikon D7200

[Rocky Nook, Inc.](#)

Andean Air Mail & Peruvian Times

Wiring a House

[Taunton Press](#) A guide to residential electricity for professionals and laymen, discussing tools and materials, and offering instruction on how to design electrical wiring, install main service panels, install fixtures and appliances, and other tasks.

Regression Analysis and Linear Models

Concepts, Applications, and Implementation

Guilford Publications **Emphasizing conceptual understanding over mathematics, this user-friendly text introduces linear regression analysis to students and researchers across the social, behavioral, consumer, and health sciences. Coverage includes model construction and estimation, quantification and measurement of multivariate and partial associations, statistical control, group comparisons, moderation analysis, mediation and path analysis, and regression diagnostics, among other important topics. Engaging worked-through examples demonstrate each technique, accompanied by helpful advice and cautions. The use of SPSS, SAS, and STATA is emphasized, with an appendix on regression analysis using R. The companion website (www.afhayes.com) provides datasets for the book's examples as well as the RLM macro for SPSS and SAS. Pedagogical Features: *Chapters include SPSS, SAS, or STATA code pertinent to the analyses described, with each distinctively formatted for easy identification. *An appendix documents the RLM macro, which facilitates computations for estimating and probing interactions, dominance analysis, heteroscedasticity-consistent standard errors, and linear spline regression, among other analyses. *Students are guided to practice what they learn in each chapter using datasets provided online. *Addresses topics not usually covered, such as ways to measure a variable's importance, coding systems for representing categorical variables, causation, and myths about testing interaction.**

A Texan's Story

The Autobiography of Walter Prescott Webb

University of Oklahoma Press **Walter Prescott Webb (1888-1963), a towering figure in Texas and western history and letters, published an abundance of books—but for decades the autobiography he'd written late in life sat largely undisturbed among his papers. Webb's remarkable story appears here in print for the first time, edited and annotated by Michael Collins, an authority on Texas history. This firsthand account offers readers a window on the life, the work, and the world of one of the most interesting thinkers in the history, and historiography, of Texas. Webb's narrative carries us from the drought-scarred rim of West Texas known as the Cross Timbers, to the hardscrabble farm life that formed him, to the bright lights of Austin and the University of Texas, where he truly came of age. Fascinating for the picture it summons of the Texas of his youth and the intellectual landscape of his career, Webb's autobiography also offers intriguing insights into the way his epic work, *The Great Plains*, evolved. He also describes the struggle behind his groundbreaking history of that storied frontier fighting force the Texas Rangers. Along the way, Webb reflects on the nature of historical research, the role that Texas and the West have played in American history, the importance of education, and the place of universities in our national culture. More than a rare encounter with a true American character's life and thought, *A Texan's Story* is also a uniquely enlightening look into the understanding, writing, and teaching of western American history in its formative years.**

The FBI File on Steve Jobs

Skyhorse Publishing Inc. **An uncensored inside look into the mind of one of the most controversial entrepreneurs in history.**

Landscape Photography

From Snapshots to Great Shots

Peachpit Press **A guide to landscape photography using a DSLR camera covers such topics as light, composition, perspective, lenses, black-and-white images, and HDR.**

Waiting for Yesterday

A Funtasy Tale

Xlibris Corporation James and Katie Falcon are astonished when a Time Ship appears in the cellar with their long-deceased ancestor Captain Horatio Falcon at the helm. The Ship includes a fresh food supply of two cows. Pandemonium breaks out when Great-Aunt Dorothea is faced with a cow in her lounge. The spooked second cow stumbles into the Time Ship's controls, despatching the Ship into the past at 'Lost Island'. But it is swarming with bloodthirsty treasure-seeking pirates and the crew's odds of survival appear impossible. Then the youngsters discover the Time Ship's mysterious source of power and the odds of their survival and their future change spectacularly.

Our Musical Heritage

Dolmen Press

Peep at the Pictures

Legare Street Press This work has been selected by scholars as being culturally important and is part of the knowledge base of civilization as we know it. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. To ensure a quality reading experience, this work has been proofread and republished using a format that seamlessly blends the original graphical elements with text in an easy-to-read typeface. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

Mastering the Nikon D750

Rocky Nook, Inc.

Flavia's Secret

Magna Large Print Books **FLAVIA'S SECRET [Historical Romance]** Spirited, young scribe Flavia hopes for freedom. She and her fellow slaves in Aquae Sulis (modern Bath) have served the Lady Valeria for many years, but their mistress death brings a threat to Flavia's dream: her new master Marcus Brucetus, a charismatic, widowed officer toughened in the forests of Germania. Flavia finds him overwhelmingly attractive but she is aware of the danger. To save her life and those of her 'family' she has forged a note from her mistress. If her deception is discovered, all the slaves may die. For his part torn between attraction and respect, Marcus will not force himself on Flavia. Flavia by now knows of his grief over the deaths of his wife Drusilla and child. But how can she match up to the serene, flame-haired Drusilla? As the wild mid-winter festival of Saturnalia approaches, many lives will be changed forever. *** 4.5 Blue Ribbons: "Lindsay Townsend has thoroughly convinced me that I need to go back into time and become a scribe in ancient England. I lived and breathed Flavia's yearnings and love for Marcus throughout the pages of Flavia's Secret. Marcus was harder to read but no less important. His status as a widower afforded him the ability to try and stay untouched and out of reach of clinging females. I smiled when the one female who wanted to remain aloof from him was able to change his stance on love and worm her way into his heart. Releasing as an e-book first and then a print book later this year, Flavia's Secret is a passionate historical romance. Set in ancient England during Roman rule, I enjoyed reading about these two wonderful characters as well as the setting and town in which the novel took place. Marcus and Flavia were perfect for each other and this book was the perfect read for my ancient history loving soul. Thumbs up Ms. Townsend! I loved every word of Flavia's Secret!" --Natasha, Romance Junkies *** 4.5 Red Roses: "Marcus is home to take his inheritance and his eyes are always on Flavia. At first afraid of him, Flavia grows to like him, but Marcus believes that Lady Valeria was murdered. He has a suspect in mind--a man with evil in his heart, a man who wants Flavia and will stop at nothing to get her. An exciting mystery set in ancient Britain. The romance between Flavia

and Marcus is strong and passionate, and the mystery is intriguing. Very enjoyable." --Morna, Red Roses Reviews *** 4 Books, Best Book of the Week: "In this wonderfully researched historical novel that gives us a rare look into a seldom described period, Lindsay Townsend weaves romance, intrigue, and historical fact into a unique and compelling story. The Roman town of Aquae Sulis, which we know today as Bath, springs to life in its ancient incarnation. Lindsay manages to present the classical world not with a modern bias, but through the eyes of those who were born and grew in it, those who find it ordinary and natural. The unusual time period gives the story a hue of fantasy, but the plot, the character's reactions, the motivations are solidly grounded in reality--both in the psychology of the characters and in the logic of the historical time. And Lindsay Townsend populates her ancient city with a colorful cast. Even the most minor characters are given due attention and spring to life for whatever short part they are called to play. The more important ones are unforgettable. Lindsay excels at adding the right small touch to make each one come to life and be remembered. Flavia's Secret is also an emotionally satisfying read. The story pulls the reader in to share the events and to empathize fully with the main characters. It is impossible to put it down once you've started to read it. Moreover, Lindsay Townsend has achieved what all writers strive for--the reader will wish the story would go on forever." --Cherry Blossom, Long and Short Reviews

Student Solutions Manual with Study Guide

[Cengage Learning](#)

Great Scientists

[The Rosen Publishing Group, Inc](#) Science is an ever-growing, ever-changing field of study. Every principle, every discovery is built on top of a previous discovery. Great scientists have studied life, the environment, and the physical world trying to learn more about why things are the way they are. Readers gain insight to some of the greatest scientific minds history has to offer, from Archimedes to Stephen Hawking.

The Advertised Mind

Ground-breaking Insights Into how Our Brains Respond to Advertising

[Kogan Page Publishers](#) Du Plessis draws on information about the working of the human brain from psychologists, neurologists, and artificial intelligence specialists to suggest why "ad-liking" is such an important factor in advertisement and how it predisposes consumers to buy the brand that is being advertised.

Merchants of Death

A Study of the International Armament Industry

[Ludwig von Mises Institute](#)

Luminous Sea

Underwater Photography from Washington to Alaska

Nature Photography Photo Workshop

John Wiley & Sons A how-to guide for capturing stunning photographs in nature Photographing nature poses unique challenges and demands that you have special skills and a working knowledge of how to work in—and with—nature. This Photo Workshop is a must-have how-to guide for shooting nature images in nearly any situation you might encounter. You'll learn which equipment is right in different settings and why it should be used, how to get an amazing photo of a fast-moving animal, and how to handle a myriad of tricky weather scenarios. This book covers composition, exposure, fill-flash, special creative techniques, and more. Plus, assignments at the end of each chapter sharpen your skills to for taking unique, artistic nature photographs. Shows you what equipment to use in different settings and why to use it Offers essential advice for photographing a fast-moving animal and dealing with weather obstacles Provides a clear understanding of the basic fundamentals of photography Addresses composition, exposure, fill-flash, creative techniques, and more Shares Photoshop tips for sharpening and improving photos you've already taken Packed with inspirational color photos throughout, this workshop guide encourages you to improve your technique for taking nature photographs.

Betty Crocker Bisquick Impossibly Easy Pies

Pies that Magically Bake Their Own Crust

Betty Crocker Make tasty dinners and desserts easy as pie! Do you have a box of Bisquick on your shelf? Why not whip up tempting home-baked pies that are impossibly easy and impossibly delicious? These pies magically make their own crust, and they're a hit with kids and adults alike. Whether filled with ground beef, chicken, cheese, vegetables, or fruit, they're perfect any night of the week-great after work or for casual get-togethers and potluck suppers. Try These All-Time "Impossibly Easy" Favorites: * Coconut Pie * Chicken and Broccoli Pie * Cheesy Tuna Pie * Zucchini Pie * French Apple Pie * Cheeseburger Pie

Collection of Drawings by White Bread - Volume 2

Surreal Encounters of the Unconscious Mind

Independently Published This book is a legacy to our children and grandchildren..However, since they have not been incarnated on this Earth yet, it is our pleasure to share it with the reader!Dear reader, The journey you are about to embark on is of an abstruse nature. In front of you is a collection of imaginative drawings or comic strips, if you will. These visions have been summoned from the unconscious and subconscious mind of my husband. All of the drawings were drawn in a matter of minutes with both his left and right hand (both brain hemispheres) simultaneously. The surreal images appear on paper as some sort of auto-drawing, where the subject/theme/dreamscape of the drawing is not premeditated. It is drawing in the moment, while the pen is gliding over the paper..(no pencils, no erasing, no pausing to think.) Pure stream of (un)consciousness; instant mind to paper.The original drawings were created by him in black ink on white paper, to later be scanned into the computer and colored digitally by moi. It has become a collaborative work of two minds working together. The characters hidden in the book are unique, have a life and a world of their own and are inviting you to take a holiday in their realm. Lose your sense of time and urgency getting lost in reverie. Find the hidden riddles and questions each vision postulates. Get lost in a dreamworld, where the surreal and abstract reign whilst all the rules of conventional art and aesthetic are parodied. Let the characters and their environments tickle your own imagination while you watch the them live similar lives to ours: they wander, they wonder, they are confused and pensive, they get angry and fall in love, they have their own dreams within dreams...they are just like us but just a bit strange and silly. They wear their emotions and thoughts on their visages. Their appearances merge with their thoughts. Inner space and outer space are married on paper.Welcome to our world! the White Bread couple

Critical Etymological Dictionary of the Spanish Language

Diccionario Critico Etimologico de la Lengua Espanala

Hot Works Permit

Permit Log Book Safety Inspection Record Journal Risk Management Notebook Hot Work Organizer & Routine Environment Planner For Construction & Facility Manager

Independently Published **Easy to use hot work permits log to monitor and keep records of all your hot work permits.**Product information: Introductory page on the first page to personalize log. Index Pages to keep track of Log. Date Permit No Contractor Address Phone No Email LocationWork Description Permit Issue Date Permit Expiry Date Equipment(s) To Be Used Work Start Date Work Finish Date Notes. Extra notes pages for quick access write-in and other information. 8.5" x 11" (20.32cm x 25.4cm). Thick white acid free paper of 110 pages to reduce ink bleed-through. Glossy paperback cover. Great for professional and personal use. Available in different cover options. For more related log like Construction logs, Payroll Management, Real Estate Customer Management Log Book, To Do List, Events Planner Calendar, Appointment Planner and other essential logbooks or planners in different sizes, kindly visit our amazon author page; Jason Journals to find the rest of our selection. Thank you.

The Healthy Kitchen

Random House **Two of America's most popular authorities on healthy eating and cooking join forces in this delectable, inspiring and easy-to-use cookbook. Dr Andrew Weil - author of the best-selling Eating Well For Optimum Health - brings to this collaboration a comprehensive philosophy of nutrition grounded in science. Rosie Daley - acclaimed for her best-seller In The Kitchen With Rosie - brings to it her innovative and delicious spa cuisine. Lifelong good health begins in the kitchen, so this is a lifestyle book as well as a cookbook. But throughout, The Healthy Kitchen emphasizes the pleasure of food - in the writing, in the anecdotes, in the commentaries, in the superb photography (including pictures of the authors at work from garden to table) and in the recipes themselves. With 135 fabulous recipes and invaluable information on what constitutes genuinely healthy eating today, this revolutionary book will change the way you cook for yourself and your family forever.**

Two Thumbs Out

Hitchhiking Adventures in 1950s Europe

In March 1954, two young Australian girls set out on what became a five-year travelling adventure across Europe and North America. This book details the first 6 months of that adventure as they arrive in Naples, Italy, and begin to get a feel for how to get around. Using their thumbs for rides they venture across Italy, Austria, Switzerland, France, Spain, Portugal, and Morocco, leading a life on the road that is far removed from what they left behind in Sydney. This is a heartfelt memoir of a form of traveling that has all but disappeared. The book recalls the numerous adventures and encounters Peggy and her traveling companion Jane had all across western and southern Europe, experiencing the warmth and kindness of strangers that make thumbing a ride such a rewarding form of travel.