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Ironfist Kung Fu Boy Bantam Books for Young Readers Young martial artist Chinmi journeys to the Dailin temple when a traveler discovers that he may be the legendary boy with the mark of the magic fist whom prophecy says will come. **Ironfist Chimini Kung Fu Boy** Delacorte Press **Whirlwind Fist** Bloomsbury Publishing A Japanese style graphic novel. A martial arts fighting story where good is victorious over evil. **Breaking Glass** Bloomsbury Publishing Graphic novel, to be read from back to front in the traditional Japanese way. A combat story. Good for reluctant boy readers. 9 yrs+ **The Oriental Obscene Violence and Racial Fantasies in the Vietnam Era** Duke University Press This book explores the impact of media representations of violence during the Vietnam War on people in the U.S., specifically how images of violence done to and by the Vietnamese were traumatic in ways that deeply affected the American psyche. **Bruce Lee's Fighting Method Advanced Techniques Black Belt Communications** Part of the Bruce Lee's Fighting Method series, this book teaches how to perform jeet kune do's devastating strikes and exploit an opponent's weaknesses with crafty counterattacks like finger jabs and spin kicks. **Tough Love Screenwriting The Real Deal from a Twenty-Year Pro** "A brass knuckles, boots on the ground guide to becoming a paid professional."--back cover. **STOP, THAT and One Hundred Other Sleep Scales** Springer Science & Business Media There are at least four reasons why a sleep clinician should be familiar with rating scales that evaluate different facets of sleep. First, the use of scales facilitates a quick and accurate assessment of a complex clinical problem. In three or four minutes (the time to review ten standard scales), a clinician can come to a broad understanding of the patient in question. For example, a selection of scales might indicate that an individual is sleepy but not fatigued; lacking alertness with no insomnia; presenting with no symptoms of narcolepsy or restless legs but showing clear features of apnea; exhibiting depression and a history of significant alcohol problems. This information can be used to direct the consultation to those issues perceived as most relevant, and can even provide a springboard for explaining the benefits of certain treatment approaches or the potential corollaries of allowing the status quo to continue. Second, rating scales can provide a clinician with an enhanced vocabulary or language, improving his or her understanding of each patient. In the case of the sleep specialist, a scale can help him to distinguish fatigue from sleepiness in a patient, or elucidate the differences between sleepiness and alertness (which is not merely the inverse of the former). Sleep scales are developed by researchers and clinicians who have spent years in their field, carefully honing their preferred methods for assessing certain brain states or characteristic features of a condition. Thus, scales provide clinicians with a repertoire of questions, allowing them to draw upon the extensive experience of their colleagues when attempting to tease apart nuanced problems. Third, some scales are helpful for tracking a patient's progress. A particular patient may not remember how alert he felt on a series of different stimulant medications. Scale assessments administered periodically over the course of treatment provide an objective record of the intervention, allowing the clinician to examine and possibly reassess her approach to the patient. Finally, for individuals conducting a double-blind crossover trial or a straightforward clinical practice audit, those who are interested in research will find that their own clinics become a source of great discovery. Scales provide standardized measures that allow colleagues across cities and countries to coordinate their practices. They enable the replication of previous studies and facilitate the organization and dissemination of new research in a way that is accessible and rapid. As the emphasis placed on evidence-based care grows, a clinician's ability to assess his or her own practice and its relation to the wider medical community becomes invaluable. Scales make this kind of standardization possible, just as they enable the research efforts that help to formulate those standards. The majority of Rating Scales in Sleep and Sleep Disorders:100 Scales for Clinical Practice is devoted to briefly discussing individual scales. When possible, an example of the scale is provided so that readers may gain a sense of the instrument's content. Groundbreaking and the first of its kind to conceptualize and organize the essential scales used in sleep medicine, Rating Scales in Sleep and Sleep Disorders:100 Scales for Clinical Practice is an invaluable resource for all clinicians and researchers interested in sleep disorders. **The Shaolin Workout 28 Days to Transforming Your Body and Soul the Warrior's Way** Rodale Books In his loft in New York City's Greenwich Village, Sifu Shi Yan Ming trains men and women of all ages, body types and backgrounds in the fundamentals of kung fu. A 34th generation Shaolin warrior monk from China's Shaolin Temple—the birthplace of Chan Buddhism and the mecca of all martial arts—Yan Ming teaches the students at his USA Shaolin Temple that there is no better workout program than his brand of kung fu for getting the body and mind into warrior condition. Lavishly illustrated with hundreds of four-color photographs, the warrior workout, distills a lifetime of Shaolin training and wisdom into a 28-day workout. The Shaolin Workout is a complete-into-itself program of both fitness and spiritual lessons can be applied to every aspect of one's life: work, relationships, family. Kung fu gives a superb aerobic workout at the same time that it dramatically increases flexibility, power, and speed. The ultimate promise of the book is this: stick to the plan for 28 days—for as little as 15 minutes a day—to be transformed inside and out. And the enormous sense of accomplishment that results will radiate through your life, allowing you to tackle the world with a warrior's confidence, calm, and poise. **Yu-Gi-Oh! Zexal** VIZ Media LLC The duel between Yagumo and Ryoga opens a door to another world that pulls in Yuma and his friends. On the other side, they discover that Yagumo is planning to use a black hole to destroy Earth and the Astral World! Yagumo, Ryoga, Kaito and Yuma band together to stop Yagumo, but even their combined strength may not be enough! -- VIZ Media **Parting the Clouds - the Science of the Martial Arts A Fighters Guide to the Physics of Punching and Kicking for Karate, Taekwondo, Kung Fu and the Mixed Martial Arts** Createspace Independent Pub This is a book that's long overdue: One that provides information that has never before been published, compiled or analyzed in a way that's designed to help fighters. This is a guide to the science of kicking and punching that can settle the debates about which techniques are the most effective and why. It will help a fighter to fight, an instructor to teach and martial artists to advance by working things out for themselves. There is no magic involved in the martial arts. The force and power that is displayed by an expert fighter is the consequence of rigorous training in the accurate application of physical laws. Understanding how to use these laws of physics to create massive impact forces will provide a personal insight into the practice of correct technique and form. This unique piece of work will act as a technical reference that provides the facts and figures that fighters seek, including records of the maximum force and speed achieved by some of the best present day warriors, helping to answer many of the most difficult questions in the martial arts. **Chusan The Opium Wars, and the Forgotten Story of Britain's First Chinese Island** Anchor Books "We must religiously observe our engagements with China, but I fear that Hong Kong is a sorry possession and Chusan is a magnificent island admirably placed for our purposes." So wrote the home secretary Sir James Graham to the prime minister Sir Robert Peel, as British diplomats prepared to return the island of Chusan to Chinese rule during the winter of 1845. For years, this now little-known island off the coast of Zhejiang province had been home to thousands of men, women and children of all classes and backgrounds, of all races and religions, from across the British Empire and beyond. Before the Union Jack ever flew over Hong Kong, it had been raised on Chusan. From a wealth of primary archives, Liam D'Arcy-Brown pieces together the forgotten story of how the British wrested Chusan from the Qing dynasty, only to hand it back for the sake of Queen Victoria's honour and Britain's national prestige. At a time when the Chinese Communist Party is inspiring a new brand of patriotism by revisiting the shame inflicted during the Opium Wars, here is a book that puts Britain's incursions into nineteenth-century China in a fascinating and revealing new light. **The Formative Years of an African-American Spy A Memoir** The author describes his early life, growing up in a dysfunctional family, and how he ended up becoming a CIA case officer. **Peasprout Chen, Future Legend of Skate and Sword** Henry Holt and Company (BYR) "It's Hermione Granger meets 'Crouching Tiger, Hidden Dragon' meets the Ice Capades meets 'Mean Girls.'" For all its disparate ingredients, though, PEASPROUT CHEN: FUTURE LEGEND OF SKATE AND SWORD speaks in a single, strong voice, thanks to its spirited heroine. —The New York Times "Massively entertaining...Peasprout Chen is a future legend, indeed." —Publishers Weekly, Starred Review Welcome to Pearl Famous Academy of Skate and Sword, where the blades are sharp and the competition is fierce. Peasprout Chen dreams of becoming a legend of wu liu, the deadly and beautiful art of martial arts figure skating. As the first students from the rural country of Shin to attend Pearl Famous Academy of Skate and Sword, Peasprout and her little brother Cricket have some pretty big skates to fill. They soon find themselves in a heated competition for top ranking. Tensions rise when the dazzling pearl buildings of the Academy are vandalized and outsider Peasprout is blamed for the attacks by her rivals ... and even some friends. Now, she must uncover the true vandal to ensure peace between Shin and Pearl - all while becoming a champion. **A History of Indian Buddhism From Śākyamuni to Early Mahāyāna** Motilal Banarsidass Publ. This comprehensive and detailed survey of the first six centuries of Indian Buddhism sums up the results of a lifetime of research and reflection by one of Japan's most renowned scholars of Buddhism. **Atlas of Zeolite Framework Types** Elsevier Zeolite scientists, whether they are working in synthesis, catalysis, characterization or application development, use the Atlas of Zeolite Framework Types as a reference. It describes the main features of all of the confirmed zeolite framework structures, and gives references to the relevant primary structural literature. Since the last edition 34 more framework types have been approved and are described in this new edition. A further new feature will be that characteristic building units will be listed for each of the framework types. Zeolites and their analogs are used as desiccants, as water softeners, as shape-selective acid catalysts, as molecular sieves, as concentrators of radioactive isotopes, as blood clotting agents, and even as additives to animal feeds. Recently, their suitability as hosts for nanometer spacing of atomic clusters has also been demonstrated. These diverse applications are a reflection of the fascinating structures of these microporous materials. Each time a new zeolite framework structure is reported, it is examined by the Structure Commission of the International Zeolite Association (IZA-SC), and if it is found to be unique and to conform to the IZA-SC's definition of a zeolite, it is assigned a 3-letter framework type code. This code is part of the official IUPAC nomenclature for microporous materials. The Atlas of Zeolite Framework Types is essentially a compilation of data for each of these confirmed framework types. These data include a stereo drawing showing the framework connectivity, features that characterize the idealized framework structure, a list of materials with this framework type, information on the type material that was used to establish the framework type, and stereo drawings of the pore openings of the type material. * Clear stereo drawings of each of the framework types * Description of the features of the framework type, allowing readers to quickly see if the framework type is suitable to their needs * References to isotopic materials, readers can quickly identify related materials and consult the appropriate reference **Born to Run A Hidden Tribe, Superathletes, and the Greatest Race the World Has Never Seen** Vintage Recounts the author's experiences with the reclusive Tarahumara Indians, whose techniques allow them to run long distances with ease, and describes his training for a fifty-mile race with the tribe and a number of ultramarathoners. **The Book of Five Rings (Annotated)** The Book of Five Rings is a text on kenjutsu and the martial arts in general, written by the Japanese swordsman Miyamoto Musashi around 1643. Written over three centuries ago by a Samurai warrior, the book has been hailed as a limitless source of psychological insight for businessmen or anyone who relies on strategy and tactics for outwitting the competition. **Kim Jiyoung, Born 1982: A Novel** Liveright Publishing A New York Times Editors Choice Selection A global sensation, Kim Jiyoung, Born 1982 "has become...a touchstone for a conversation around feminism and gender" (Sarah Shin, Guardian). One of the most notable novels of the year, hailed by both critics and K-pop stars alike, Kim Jiyoung, Born 1982 follows one woman's psychic deterioration in the face of rampant misogyny. In a tidy apartment on the outskirts of Seoul, millennial "everywoman" Kim Jiyoung spends her days caring for her infant daughter. But strange symptoms appear: Jiyoung begins to impersonate the voices of other women, dead and alive. As she plunges deeper into this psychosis, her concerned husband sends her to a psychiatrist. Jiyoung narrates her story to this doctor—from her birth to parents who expected a son to elementary school teachers who policed girls' outfits to male coworkers who installed hidden cameras in women's restrooms. But can her psychiatrist cure her, or even discover what truly ails her? "A social treatise as well as a work of art" (Alexandra Alter, New York Times), Kim Jiyoung, Born 1982 heralds the arrival of international powerhouse Cho Nam-Joo. **A Fistful of Rock & Roll 21st Century Rock Poster Art** Two survivors of a global catastrophe disguise themselves as corpses to survive in a land of the walking dead! From the mind of Mike Richardson, creator of The Mask and The Secret, comes this hilariously frightening tale of Straw and Whip who have lived through a plague that's left the world with seven billion brain-hungry zombies. Soon the two friends save a lovely young gun-crazy woman named Betty, who becomes a source of rivalry between them. With hundreds of zombies out for a snack, the three try their best to blend in so as not become the next item on the menu. **Brother XII The Strange Odyssey of a 20th-century Prophet and His Quest for a New World** Halifax, N.S. : Twelfth House Press "As Mercury dwelled near the Sun, so I abide in the heart of my Lord. My feet run upon His errands and by my mouth are His words spoken." Thus wrote Brother XII in the preface to "The Three Truths," describing his role as the divinely-ordained agent of an ancient mystical Brotherhood known as the Great White Lodge. As the agent of this mysterious fraternity, Edward Arthur Wilson, aka Brother XII, a slight, soft-spoken former English sea-captain, embarked on a dramatic and sensational career that established him as one of the most fascinating figures in the history of modern religion. "Brother XII: The Strange Odyssey of a 20th-century Prophet" chronicles the life and exploits of the enigmatic figure who established a utopian

community in southern British Columbia in the late 1920s and early 1930s. The tales of gold, sex and black magic associated with Brother XII and his flamboyant mistress, a whip-wielding devotee of ritual magic with the pulp-fiction name of Madame Z, have gripped people's imaginations for years, and the story has been described as a "Gone with The Wind" of the occult, an evocative mixture of the sacred and profane. Though other religious figures may be better known, for pure drama, nothing rivals the story of Brother XII. Though Brother XII largely fell through the cracks of history, his amazing chronicle is being rediscovered, for it rings with contemporary relevance; not only was he a prototypical cult leader, he was a genuine mystic and seer, while also writing on political issues in a way that eerily foreshadows the world today. Brother XII was both a forerunner of the New Age and one of the few spiritual teachers of his time to give expression to the geopolitical and conspiratorial concerns that dominate the cultural debate today. Both mystic and mountebank, seer and charlatan, he was a complex, contradictory individual, the ultimate "man of mystery." The story of Brother XII features an intriguing cast of characters who find themselves irresistibly drawn to the power of this classic rogue messiah, a spiritual anti-hero possessed of a Nietzschean will to power. After the destruction of his colony, Brother XII and Madame Z fled with nearly half-a-million dollars in gold, outwitting the authorities and escaping justice. Brother XII's fate is uncertain, for his death in Switzerland remains a matter of speculation. For all that is known about him, he's still an elusive figure, leaving his metaphysical teachings and the provocative legend that has grown up around him as his legacy. Praise for "Brother XII: The Strange Odyssey of a 20th-century Prophet" "I found myself totally absorbed...a book that will become a classic of its kind. I know of no more fascinating or better researched study of a 'false messiah.'" From the Foreword by Colin Wilson "Sex, sadism, black magic and mystery upon mystery. It sounds like the recipe for a Stephen King potboiler, and author John Oliphant has made the most of it. The difference is that Oliphant's Brother XII is a true story...a marvelous web of suspense and intrigue...riveting stuff." "The Vancouver Sun" "Brother XII" is a fascinating read " William Gibson "A tremendously exciting story of the religious mania in extreme form. Brother XII is a type who recurs throughout human history, and Oliphant provides not only a great horror tale, but a warning as to how we can recognize such types and be armed against them. I heartily recommend this book." Robert Anton Wilson "Sharing the brilliance of an L. Ron Hubbard, the destructiveness of a Jim Jones, and the hypnotic hold of a Rasputin, E. A. Wilson ranks as one of the most intriguing, mysterious, and infamously charismatic and prophetic cult leaders to grace the annals of North American history...a well-documented...thoroughly fascinating book." "Theosophical History" **Searching for Skye An Arctic Tern Adventure** Two Arctic tern babies are starting their first migration from the Arctic to the Antarctic when one of them, Skye, disappears. Her worried parents search everywhere but they cannot find her. The family must leave with the other terns or risk facing the journey alone. Will they ever see their lost baby again? Follow their exciting trip to find out. **Japanese-English and English-Japanese Dictionary Poor Economics A Radical Rethinking of the Way to Fight Global Poverty** PublicAffairs The winners of the Nobel Prize in Economics upend the most common assumptions about how economics works in this gripping and disruptive portrait of how poor people actually live. Why do the poor borrow to save? Why do they miss out on free life-saving immunizations, but pay for unnecessary drugs? In *Poor Economics*, Abhijit V. Banerjee and Esther Duflo, two award-winning MIT professors, answer these questions based on years of field research from around the world. Called "marvelous, rewarding" by the *Wall Street Journal*, the book offers a radical rethinking of the economics of poverty and an intimate view of life on 99 cents a day. *Poor Economics* shows that creating a world without poverty begins with understanding the daily decisions facing the poor. **Recommender Systems Handbook** Springer This second edition of a well-received text, with 20 new chapters, presents a coherent and unified repository of recommender systems' major concepts, theories, methodologies, trends, and challenges. A variety of real-world applications and detailed case studies are included. In addition to wholesale revision of the existing chapters, this edition includes new topics including: decision making and recommender systems, reciprocal recommender systems, recommender systems in social networks, mobile recommender systems, explanations for recommender systems, music recommender systems, cross-domain recommendations, privacy in recommender systems, and semantic-based recommender systems. This multi-disciplinary handbook involves world-wide experts from diverse fields such as artificial intelligence, human-computer interaction, information retrieval, data mining, mathematics, statistics, adaptive user interfaces, decision support systems, psychology, marketing, and consumer behavior. Theoreticians and practitioners from these fields will find this reference to be an invaluable source of ideas, methods and techniques for developing more efficient, cost-effective and accurate recommender systems. **How Zen Became Zen The Dispute over Enlightenment and the Formation of Chan Buddhism in Song-Dynasty China** University of Hawaii Press How Zen Became Zen takes a novel approach to understanding one of the most crucial developments in Zen Buddhism: the dispute over the nature of enlightenment that erupted within the Chinese Chan (Zen) school in the twelfth century. The famous Linji (Rinzai) Chan master Dahui Zonggao (1089-1163) railed against "heretical silent illumination Chan" and strongly advocated kanhua (koan) meditation as an antidote. In this fascinating study, Morten Schlütter shows that Dahui's target was the Caodong (Soto) Chan tradition that had been revived and reinvented in the early twelfth century, and that silent meditation was an approach to practice and enlightenment that originated within this "new" Chan tradition. Schlütter has written a refreshingly accessible account of the intricacies of the dispute, which is still reverberating through modern Zen in both Asia and the West. Dahui and his opponents' arguments for their respective positions come across in this book in as earnest and relevant a manner as they must have seemed almost nine hundred years ago. Although much of the book is devoted to illuminating the doctrinal and soteriological issues behind the enlightenment dispute, Schlütter makes the case that the dispute must be understood in the context of government policies toward Buddhism, economic factors, and social changes. He analyzes the remarkable ascent of Chan during the first centuries of the Song dynasty, when it became the dominant form of elite monastic Buddhism, and demonstrates that secular educated elites came to control the critical transmission from master to disciple ("procreation" as Schlütter terms it) in the Chan School. **Trace Metals and Infectious Diseases** MIT Press Experts explore the influence of trace metals on the pathogenesis of infectious diseases. **Madame Blavatsky, Personal Memoirs Introduction by H. P. Blavatsky's Sister** For those interested in Occultism and its greatest modern exponent, this Autobiography of H. P. Blavatsky brings together all the available events, experiences and relevant facts of that vigorous, brave, mysterious and wonderful life, arranged in their proper sequence. The task has been somewhat similar to what H. P. B. describes as her method of writing *Isis Unveiled* "When I think and watch my thoughts, they appear to me as though they were like those little bits of wood of various shapes and colours in the game known as casse tete I pick them up one by one, and try to make them fit each other, first taking one, then putting it aside until I find its match, and finally there comes out in the end something geometrically correct." With an introduction by H. P. Blavatsky's sister, Vera Petrovna de Zhelihovskiy. **Smart Cities and Construction Technologies** BoD – Books on Demand This book includes nine chapters presenting the outcome of research projects relevant to building, cities, and construction. A description of a smart city and the journey from conventional to smart cities is discussed at the beginning of the book. Innovative case studies of underground cities and floating city bridges are presented in this book. BIM and GIS applications on different projects, and the concept of intelligent contract and virtual reality are discussed. Two concepts relevant to conventional buildings including private open spaces and place attachments are also included, and these topics can be upgraded in the future by smart technologies. **Black Dragon Afro Asian Performance and the Martial Arts Imagination** Deploys martial arts as a lens to analyze performance, power, and identity within the evolving fusion of Black and Asian American cultures in history and media. **Guidelines for Drinking-water Quality** World Health Organization This volume describes the methods used in the surveillance of drinking water quality in the light of the special problems of small-community supplies, particularly in developing countries, and outlines the strategies necessary to ensure that surveillance is effective. **Stone Butch Blues** ReadHowYouWant.com Published in 1993, this brave, original novel is considered to be the finest account ever written of the complexities of a transgendered existence. Woman or man? That's the question that rages like a storm around Jess Goldberg, clouding her life and her identity. Growing up differently gendered in a blue-collar town in the 1950s, coming out as a butch in the bars and factories of the prefeminist 60s, deciding to pass as a man in order to survive when she is left without work or a community in the early 70s. This powerful, provocative and deeply moving novel sees Jess coming full circle, she learns to accept the complexities of being a transgendered person in a world demanding simple explanations: a he-she emerging whole, weathering the turbulence. **Crayon Shinchan** DrMaster Publications When Action Mask makes an appearance at his school, five-year-old Shinchan causes problems with his usual fearless, and frequently raunchy, antics. **Herbal Medicine Biomolecular and Clinical Aspects, Second Edition** CRC Press The global popularity of herbal supplements and the promise they hold in treating various disease states has caused an unprecedented interest in understanding the molecular basis of the biological activity of traditional remedies. *Herbal Medicine: Biomolecular and Clinical Aspects* focuses on presenting current scientific evidence of biomolecular ef **Halliday's Introduction to Functional Grammar** Routledge Fully updated and revised, this fourth edition of Halliday's *Introduction to Functional Grammar* explains the principles of systemic functional grammar, enabling the reader to understand and apply them in any context. Halliday's innovative approach of engaging with grammar through discourse has become a worldwide phenomenon in linguistics. Updates to the new edition include: Recent uses of systemic functional linguistics to provide further guidance for students, scholars and researchers More on the ecology of grammar, illustrating how each major system serves to realise a semantic system A systematic indexing and classification of examples More from corpora, thus allowing for easy access to data Halliday's *Introduction to Functional Grammar, Fourth Edition*, is the standard reference text for systemic functional linguistics and an ideal introduction for students and scholars interested in the relation between grammar, meaning and discourse. **Leadership in Early Education in Times of Change Research from five Continents** Verlag Barbara Budrich The collection brings together the latest work of researchers from Australia, Africa, Asia, and Europe focusing on early childhood leadership matters. It covers different aspects of leadership in early education: professional education and development, identity and leadership strategies as well as governance and leadership under different frame conditions. **Billboard** In its 114th year, Billboard remains the world's premier weekly music publication and a diverse digital, events, brand, content and data licensing platform. Billboard publishes the most trusted charts and offers unrivaled reporting about the latest music, video, gaming, media, digital and mobile entertainment issues and trends. **GURPS Martial Arts Exotic Combat Systems from All Cultures** Steve Jackson Games -- A "sleeper" worldbook that has just continued to sell and sell. -- Martial arts are applicable to every sort of campaign...fantasy, SF, or modern! -- Detailed discussions of over 50 different fighting styles. **Dynamic Strength Action Pursuit Group** Comprehensive instructions with plenty of photos to show how to strengthen muscles, gain power and improve physique without the problems of weight training. The first section explains the mental aspects of dynamic strength. The second section covers the warmup exercises. The dynamic strength exercises are covered thoroughly in the third section. **The Art of Kung Fu Panda 2** Titan Books (UK) DreamWorks Animation and Insight Editions presents "The Art of Kung Fu Panda 2"; the book that takes readers behind-the-scenes of the animated martial arts mega-sequel. As the recently anointed Dragon Warrior, Po the Panda (Jack Black) is living his dream as the champion of the Valley of Peace. But Po's serenity is disrupted when the malevolent Lord Shen (Gary Oldman), an epically evil warlord, threatens to destroy all of China by creating an unstoppable weapon that promises to supplant kung fu. With every conquest, Shen's ambition, cruelty, and lust for power grow, forcing Po and The Furious Five to confront their most powerful enemy ever, or else witness the destruction of their homeland and the tradition of kung fu. Included in this tome of production artwork are designs for Baby Po, Po's parents, the sharp-taloned peacock Shen, the warlord's fearsome wolf mercenaries, as well as Po's new allies--Master Croc (Jean-Claude Van Dam), Master Skunkman (James Woods), and Master Thundering Rhino (Victor Garber). Also included are the epic environments Po, Tigress, Crane, Mantis, Viper and Monkey, must venture through on their epic quest to confront the evil Lord Shen and save kung fu. With new friends, Po's strength has never been greater. But how can he stop a weapon that can stop kung fu? Po must look deep into his past and uncover the secrets of his mysterious origins; only then will he be able to unlock the strength he needs to succeed.