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KEY=MIGRAINE - KATELYN DALE

Migraine

Vintage *The many manifestations of migraine can vary dramatically from one patient to another, even within the same patient at different times. Among the most compelling and perplexing of these symptoms are the strange visual hallucinations and distortions of space, time, and body image which migraineurs sometimes experience. Portrayals of these uncanny states have found their way into many works of art, from the heavenly visions of Hildegard von Bingen to Alice in Wonderland. Dr. Oliver Sacks argues that migraine cannot be understood simply as an illness, but must be viewed as a complex condition with a unique role to play in each individual's life.*

Migraine: the Evolution of a Common Disorder

Univ of California Press *The many manifestations of migraine can vary dramatically from one patient to another, even within the same patient at different times. Among the most compelling and perplexing of these symptoms are the strange visual hallucinations and distortions of space, time, and body image which migraineurs sometimes experience. Portrayals of these uncanny states have found their way into many works of art, from the heavenly visions of Hildegard von Bingen to Alice in Wonderland. Dr. Oliver Sacks argues that migraine cannot be understood simply as an illness, but must be viewed as a complex condition with a unique role to play in each individual's life. Copyright © Libri GmbH. All rights reserved.*

Migraine

Pan Macmillan *'To Sacks a headache is a mine of treasures, a source of visions, a microcosm of human experience and suffering, the philosopher's stone . . . A*

remarkable achievement' *Iain Gilchrist, Sunday Telegraph* 'Sacks is certainly telling us something – and we should listen to him . . . This book pushes no panaceas, but its humanity may prove helpful in reconciling us to darker sides of ourselves' *Roy Porter, Sunday Times* 'No migraine sufferer who has read the book will be cured, but at least he or she will know what migraine is and will no longer be afraid' *Anthony Clare, Mail on Sunday* 'When reading his lucid, classic prose even a tyro, even a sufferer, may feel encouraged . . . Both the doctor and patient are in the realm of the marvellous . . . those wondrous insights which have made him the most accessible and at the same time the most magisterial of doctors' *Anita Brookner, Spectator*

Hallucinations

Vintage "Illuminate[s] the complexities of the human brain and the mysteries of the human mind." —*The New York Times* To many people, hallucinations imply madness, but in fact they are a common part of the human experience. These sensory distortions range from the shimmering zigzags of a visual migraine to powerful visions brought on by fever, injuries, drugs, sensory deprivation, exhaustion, or even grief. Hallucinations doubtless lie behind many mythological traditions, literary inventions, and religious epiphanies. Drawing on his own experiences, a wealth of clinical cases from among his patients, and famous historical examples ranging from Dostoevsky to Lewis Carroll, the legendary neurologist Oliver Sacks investigates the mystery of these sensory deceptions: what they say about the working of our brains, how they have influenced our folklore and culture, and why the potential for hallucination is present in us all.

On the Move

A Life

Vintage When Oliver Sacks was twelve years old, a perceptive schoolmaster wrote in his report: "Sacks will go far, if he does not go too far." It is now abundantly clear that Sacks has never stopped going. From its opening pages on his youthful obsession with motorcycles and speed, *On the Move* is infused with his restless energy. As he recounts his experiences as a young neurologist in the early 1960s, first in California, where he struggled with drug addiction, and then in New York, where he discovered a long-forgotten illness in the back wards of a chronic hospital, we see how his engagement with patients comes to define his life. With unbridled honesty and humor, Sacks shows us that the same energy that drives his physical passions—weight lifting and swimming—also drives his cerebral passions. He writes about his love affairs, both romantic and intellectual; his guilt over leaving his family to come to America; his bond with his schizophrenic brother; and the writers and scientists—Thom Gunn, A. R. Luria, W. H. Auden, Gerald M. Edelman, Francis Crick—who influenced him. *On the Move* is the story of a brilliantly unconventional physician and writer—and of the man who has illuminated the many ways that the brain makes us human.

So Much More Than a Headache

Understanding Migraine Through Literature

Kent State University "English," wrote Virginia Woolf, "which can express the thoughts of Hamlet and the tragedy of Lear, has no words for the shiver and the headache. . . . let a sufferer try to describe a pain in his head to a doctor and language at once runs dry." Despite Woolf's astute observation and the apparent dearth of writings on such subjects, editor Kathleen O'Shea has managed to gather a wide selection of helpful excerpts, chapters, poetry, and even a short play in this anthology--all with a view toward increasing our understanding and ending the stigma attached to migraines and migraine sufferers. Unlike clinical materials, this anthology addresses the feelings and symptoms that the writers have experienced, sometimes daily. These pieces speak freely about the loneliness and helplessness one feels when a migraine comes on. The sufferer faces nausea, pain, sensitivity to light, and having the veracity of all these symptoms doubted by others. O'Shea, a professor of literature and a migraine sufferer herself, also includes an original essay of her own reflections. Offered as an alternative not only to medical writing but also to self-help books and internet blogs, *So Much More Than a Headache* addresses a real omission in the available works on migraine, provides a resource for those who may have underestimated the depth and range of writing on this subject, and challenges the cultural bias that dismisses migraine as "just a headache."

Seeing Voices

Vintage Canada Like *The Man Who Mistook His Wife for a Hat*, this is a fascinating voyage into a strange and wonderful land, a provocative meditation on communication, biology, adaptation, and culture. In *Seeing Voices*, Oliver Sacks turns his attention to the subject of deafness, and the result is a deeply felt portrait of a minority struggling for recognition and respect — a minority with its own rich, sometimes astonishing, culture and unique visual language, an extraordinary mode of communication that tells us much about the basis of language in hearing people as well. *Seeing Voices* is, as Studs Terkel has written, "an exquisite, as well as revelatory, work."

Uncle Tungsten

Memories of a Chemical Boyhood

Vintage Long before Oliver Sacks became a distinguished neurologist and bestselling writer, he was a small English boy fascinated by metals--also by chemical

reactions (the louder and smellier the better), photography, squids and cuttlefish, H.G. Wells, and the periodic table. In this endlessly charming and eloquent memoir, the author of *The Man Who Mistook His Wife for a Hat* and *Awakenings* chronicles his love affair with science and the magnificently odd and sometimes harrowing childhood in which that love affair unfolded. In *Uncle Tungsten* we meet Sacks' extraordinary family, from his surgeon mother (who introduces the fourteen-year-old Oliver to the art of human dissection) and his father, a family doctor who imbues in his son an early enthusiasm for housecalls, to his "Uncle Tungsten," whose factory produces tungsten-filament lightbulbs. We follow the young Oliver as he is exiled at the age of six to a grim, sadistic boarding school to escape the London Blitz, and later watch as he sets about passionately reliving the exploits of his chemical heroes—in his own home laboratory. *Uncle Tungsten* is a crystalline view of a brilliant young mind springing to life, a story of growing up which is by turns elegiac, comic, and wistful, full of the electrifying joy of discovery.

The Mind's Eye

Vintage In *The Mind's Eye*, Oliver Sacks tells the stories of people who are able to navigate the world and communicate with others despite losing what many of us consider indispensable senses and abilities: the power of speech, the capacity to recognize faces, the sense of three-dimensional space, the ability to read, the sense of sight. For all of these people, the challenge is to adapt to a radically new way of being in the world. There is Lilian, a concert pianist who becomes unable to read music and is eventually unable even to recognize everyday objects, and Sue, a neurobiologist who has never seen in three dimensions, until she suddenly acquires stereoscopic vision in her fifties. There is Pat, who reinvents herself as a loving grandmother and active member of her community, despite the fact that she has aphasia and cannot utter a sentence, and Howard, a prolific novelist who must find a way to continue his life as a writer even after a stroke destroys his ability to read. And there is Dr. Sacks himself, who tells the story of his own eye cancer and the bizarre and disconcerting effects of losing vision to one side. Sacks explores some very strange paradoxes—people who can see perfectly well but cannot recognize their own children, and blind people who become hyper-visual or who navigate by "tongue vision." He also considers more fundamental questions: How do we see? How do we think? How important is internal imagery—or vision, for that matter? Why is it that, although writing is only five thousand years old, humans have a universal, seemingly innate, potential for reading? *The Mind's Eye* is a testament to the complexity of vision and the brain and to the power of creativity and adaptation. And it provides a whole new perspective on the power of language and communication, as we try to imagine what it is to see with another person's eyes, or another person's mind.

Migraine Art

The Migraine Experience from Within

North Atlantic Books *Migraine Art* includes more than 300 powerful illustrations and paintings created by migraine sufferers from around the world. It provides a thoroughly unique window into the subjective world of the migraine sufferer. The idea of collecting migraine art started with a number of public competitions in the 1980s, which encouraged artists, both amateur and professional, to illustrate the pain, the visual disturbances, and the effect migraines had on their lives. The book includes hundreds of these submissions as well as detailed descriptions of different types of migraine visual phenomena. Covering such topics as migraine signs, triggers, and treatments, as well as types of visual hallucinations and somatic sensations and experiences, the book offers a comprehensive view of the migraine experience. Each category of visual disturbance is accompanied by related artwork. A description of migraine visual experiences of famous historical figures, such as Blaise Pascal and Lewis Carroll, provide historical background on the topic. The book also includes a history of four Migraine Art competitions and information about the Migraine Art collection.

A Leg to Stand On

Simon and Schuster A neurologist describes his struggle to recover from a mountain climbing accident and examines the effects of a neural injury on the sense of self

The Man Who Mistook His Wife for a Hat

And Other Clinical Tales

Vintage In his most extraordinary book, the bestselling author of *Awakenings* and "poet laureate of medicine" (*The New York Times*) recounts the case histories of patients inhabiting the compelling world of neurological disorders, from those who are no longer able to recognize common objects to those who gain extraordinary new skills. Featuring a new preface, Oliver Sacks's *The Man Who Mistook His Wife for a Hat* tells the stories of individuals afflicted with perceptual and intellectual disorders: patients who have lost their memories and with them the greater part of their pasts; who are no longer able to recognize people and common objects; whose limbs seem alien to them; who lack some skills yet are gifted with uncanny artistic or mathematical talents. In Dr. Sacks's splendid and sympathetic telling, his patients are deeply human and his tales are studies of struggles against incredible adversity. A great healer, Sacks never loses sight of medicine's ultimate responsibility: "the

suffering, afflicted, fighting human subject."

The Migraine Brain

Your Breakthrough Guide to Fewer Headaches, Better Health

Simon and Schuster *Draws on the latest scientific findings to identify the unique characteristics, chemical makeups, and structural differences of migraine-prone brains, offering insight into the role of the central nervous system while outlining a comprehensive program to reduce the frequency and intensity of headaches. Reprint.*

Heal Your Headache

Workman Publishing *Based on the breakthrough understanding that virtually all headaches are forms of migraine--because migraine is not a specific type of headache, but the built-in mechanism that causes headaches of all kinds, along with neck stiffness, sinus congestion, dizziness, and other problems--Dr. Buchholz's Heal Your Headache puts headache sufferers back in control of their lives with a simple, transforming program: Step 1: Avoid the "Quick Fix." Too often painkillers only make matters worse because of the crippling complication known as rebound. Step 2: Reduce Your Triggers. The crux of the program: a migraine diet that eliminates the foods that push headache sufferers over the top. Step 3: Raise Your Threshold. When diet and other lifestyle changes aren't enough, preventive medication can help stay the course. That's it: in three steps turn your headache problems around.*

Everything in Its Place

First Loves and Last Tales

Vintage *From the best-selling author of Gratitude and On the Move, a final volume of essays that showcase Sacks's broad range of interests--from his passion for ferns, swimming, and horsetails, to his final case histories exploring schizophrenia, dementia, and Alzheimer's. Oliver Sacks, scientist and storyteller, is beloved by readers for his neurological case histories and his fascination and familiarity with human behavior at its most unexpected and unfamiliar. Everything in Its Place is a celebration of Sacks's myriad interests, told with his characteristic compassion and erudition, and in his luminous prose.*

Migraine

Revised and Expanded

Awakenings

Vintage *Awakenings*--which inspired the major motion picture--is the remarkable story of a group of patients who contracted sleeping-sickness during the great epidemic just after World War I. Frozen for decades in a trance-like state, these men and women were given up as hopeless until 1969, when Dr. Oliver Sacks gave them the then-new drug L-DOPA, which had an astonishing, explosive, "awakening" effect. Dr. Sacks recounts the moving case histories of his patients, their lives, and the extraordinary transformations which went with their reintroduction to a changed world.

The River of Consciousness

Vintage From the best-selling author of *Gratitude*, *On the Move*, and *Musicophilia*, a collection of essays that displays Oliver Sacks's passionate engagement with the most compelling and seminal ideas of human endeavor: evolution, creativity, memory, time, consciousness, and experience. Oliver Sacks, a scientist and a storyteller, is beloved by readers for the extraordinary neurological case histories (*Awakenings*, *An Anthropologist on Mars*) in which he introduced and explored many now familiar disorders--autism, Tourette's syndrome, face blindness, savant syndrome. He was also a memoirist who wrote with honesty and humor about the remarkable and strange encounters and experiences that shaped him (*Uncle Tungsten*, *On the Move*, *Gratitude*). Sacks, an Oxford-educated polymath, had a deep familiarity not only with literature and medicine but with botany, animal anatomy, chemistry, the history of science, philosophy, and psychology. *The River of Consciousness* is one of two books Sacks was working on up to his death, and it reveals his ability to make unexpected connections, his sheer joy in knowledge, and his unceasing, timeless project to understand what makes us human.

Oaxaca Journal

Vintage Canada "I have been an inveterate keeper of journals since I was 14 especially at times of adventure and crisis and travel. Here, for the first time, such a journal made its way to publication, not that much changed from the raw, handwritten journal that I kept during my fascinated 9 days in Oaxaca." Dr. Oliver Sacks Oliver Sacks is best known as an explorer of the human mind, a neurologist with a gift for the complex, insightful portrayals of people and their conditions that fuel the phenomenal success of his books. But he is also a card-carrying member of the American Fern Society, and since childhood has been fascinated by these primitive plants and their ability to survive and adapt. Now the bestselling author of

Awakenings and The Man Who Mistook His Wife for a Hat brings his ceaseless curiosity and eye for the wondrous to the province of Oaxaca, Mexico. Oaxaca Journal is Sacks's spellbinding account of his trip with a group of fellow fern enthusiasts to the beautiful, history-steeped province of Oaxaca. Bringing together Sacks's passion for natural history and the richness of human culture with his penetrating curiosity and trammeling eye for detail, Oaxaca Journal is a captivating evocation of a places, its plants, its people and its myriad wonders.

Gratitude

Knopf *“My predominant feeling is one of gratitude. I have loved and been loved. I have been given much and I have given something in return. Above all, I have been a sentient being, a thinking animal, on this beautiful planet, and that in itself has been an enormous privilege and adventure.” —Oliver Sacks* No writer has succeeded in capturing the medical and human drama of illness as honestly and as eloquently as Oliver Sacks. During the last few months of his life, he wrote a set of essays in which he movingly explored his feelings about completing a life and coming to terms with his own death. “It is the fate of every human being,” Sacks writes, “to be a unique individual, to find his own path, to live his own life, to die his own death.” Together, these four essays form an ode to the uniqueness of each human being and to gratitude for the gift of life. “Oliver Sacks was like no other clinician, or writer. He was drawn to the homes of the sick, the institutions of the most frail and disabled, the company of the unusual and the ‘abnormal.’ He wanted to see humanity in its many variants and to do so in his own, almost anachronistic way—face to face, over time, away from our burgeoning apparatus of computers and algorithms. And, through his writing, he showed us what he saw.” —Atul Gawande, author of *Being Mortal*

Shame and Modern Writing

Routledge *Shame and Modern Writing seeks to uncover the presence of shame in and across a vast array of modern writing modalities. This interdisciplinary volume includes essays from distinguished and emergent scholars in the Humanities and Social Sciences, and shorter practice-based reflections from poets and clinical writers. It serves as a timely reflection of shame as presented in modern writing, giving added attention to engagements on race, gender, and the question of new media representation.*

Pain Studies

Bellevue Literary Press *“A fascinating, totally seductive read!” —Eula Biss, author of Notes from No Man’s Land: American Essays and On Immunity: An Inoculation* “A book built of brain and nerve and blood and heart. . . . Irreverent and astute. . . . Pain Studies will change how you think about living with a body.” —Elizabeth McCracken, author of *Thunderstruck and Bowlaway* “A thrilling investigation into pain, language, and Olstein’s own exile from what Woolf called ‘the army of the upright.’ On a search

path through art, science, poetry, and prime-time television, Olstein aims her knife-bright compassion at the very thing we're all running from. Pain Studies is a masterpiece." —Leni Zumas, author of The Listeners and Red Clocks In this extended lyric essay, a poet mines her lifelong experience with migraine to deliver a marvelously idiosyncratic cultural history of pain—how we experience, express, treat, and mistreat it. Her sources range from the trial of Joan of Arc to the essays of Virginia Woolf and Elaine Scarry to Hugh Laurie's portrayal of Gregory House on House M.D. As she engages with science, philosophy, visual art, rock lyrics, and field notes from her own medical adventures (both mainstream and alternative), she finds a way to express the often-indescribable experience of living with pain. Eschewing simple epiphanies, Olstein instead gives us a new language to contemplate and empathize with a fundamental aspect of the human condition. Lisa Olstein teaches at the University of Texas at Austin and is the author of four poetry collections published by Copper Canyon Press. Pain Studies is her first book of creative nonfiction.

Not Tonight

Migraine and the Politics of Gender and Health

University of Chicago Press “[An] insightful and eloquent account of our evolving understandings of migraine, from a condition of weak-nerved women, to a ‘real’...disease” (Elizabeth Mitchell Armstrong Princeton University). *Pain. Vomiting. Hours and days spent lying in the dark. Migraine is an extraordinarily common, disabling, and painful disorder that affects over 36 million Americans and costs the US economy at least \$32 billion per year. Nevertheless, it is a frequently dismissed, ignored, and delegitimized condition. In Not Tonight, sociologist Joanna Kempner argues that this general dismissal of migraine can be traced back to the gendered social values embedded in the way we talk about, understand, and care for people in pain. The symptoms that accompany headache disorders—like head pain, visual auras, and sensitivity to sound—lack objective markers of distress that can confirm their existence. Therefore, doctors must rely on the perceived moral character of their patients to gauge how serious their complaints are. Kempner shows how this subjective dimension of diagnosis has shaped the history of migraine. In the nineteenth-century, migraine was seen as a disorder of upper-class intellectual men and hysterical women. In the 1940s, the concept of “migraine personality” developed, in which women with migraine were described as uptight neurotics who withheld sex. Even today, we see depictions of people with highly sensitive “migraine brains.” Not Tonight casts new light on how cultural beliefs about gender, pain, and the distinction between mind and body influence not only whose suffering we legitimate, but which remedies are marketed, how medicine is practiced, and how knowledge about disease is produced.*

The Migraine Solution

A Complete Guide to Diagnosis, Treatment, and Pain Management

St. Martin's Griffin *A straightforward, engaging, up-to-date guide to migraine and its treatment. For millions of Americans, migraine headaches are a debilitating part of every day. As top neurologists specializing in headache pain at Brigham and Women's Hospital and The Faulkner Hospital in Boston, Elizabeth Loder, MD, MPH, and Paul Rizzoli, MD, are at the forefront of new research related to migraine management and treatment. In THE MIGRAINE SOLUTION, they'll provide clear, current, reliable information to meet the unmet needs of the headache patient, while also clarifying some of the 'myths' of headache management. Along with Liz Neporent, seasoned health journalist and lifetime migraine sufferer, they will provide readers with all of the guidance they need to alleviate their migraines for good, including: - Understanding migraine triggers - Self-evaluation questionnaires and symptom-trackers - Cheat sheets, wallet cards, and migraine logs - Over-the-counter vs. prescription drug treatment - Herbal/vitamin treatment and complementary/alternative medicine - Lifestyle treatments including diet, exercise, sleep, and meditation - Emergency pain management - Special circumstances: women and children - Essential Harvard resources and FAQs*

Migraine

Understanding a Common Disorder

A Brain Wider Than the Sky

A Migraine Diary

Simon and Schuster *With more than one in ten Americans -- and more than one in five families -- affected, the phenomenon of migraine is widely prevalent and often ignored or misdiagnosed. By his mid-forties, Andrew Levy's migraines were occasional reminders of a persistent illness that he'd wrestled with half his life, though he had not fully contemplated their physical and psychological influence on the individual, family, and society at large. Then in 2006 Levy was struck almost daily by a series of debilitating migraines that kept him essentially bedridden for months, imprisoned by pain and nausea that retreated only briefly in gentler afternoon light. When possible, Levy kept careful track of what triggered an onset -- the "thin, taut" pain from drinking a bourbon, the stabbing pulse brought on by a few too many M&M's -- and in luminous prose recounts his struggle to live with*

migraines, his meticulous attempts at calibrating his lifestyle to combat and avoid them, and most tellingly, the personal relationship a migraineur develops -- an almost Stockholm syndrome-like attachment -- with the indescribable pain, delirium, and hallucinations. Levy read about personalities and artists throughout history with migraine -- Alexander Pope, Nietzsche, Freud, Virginia Woolf, even Elvis -- and researched the treatments and medical advice available for migraine sufferers. He candidly describes his rehabilitation with the aid of prescription drugs and his eventual reemergence into the world, back to work and writing. An enthralling blend of memoir and provocative analysis, *A Brain Wider Than the Sky* offers rich insights into an illness whose effects are too often discounted and whose sufferers are too often overlooked.

And How Are You, Dr. Sacks?

A Biographical Memoir of Oliver Sacks

Farrar, Straus and Giroux *The untold story of Dr. Oliver Sacks, his own most singular patient "[An] engrossing biographical memoir. This is Sacks at full blast: on endless ward rounds, observing his post-encephalitic patients . . . exulting over horseshoe crabs and chunks of Iceland spar."* —Barbara Kiser, *Nature* The author Lawrence Weschler began spending time with Oliver Sacks in the early 1980s, when he set out to profile the neurologist for his own new employer, *The New Yorker*. Almost a decade earlier, Dr. Sacks had published his masterpiece *Awakenings*—the account of his long-dormant patients' miraculous but troubling return to life in a Bronx hospital ward. But the book had hardly been an immediate success, and the rumpled clinician was still largely unknown. Over the ensuing four years, the two men worked closely together until, for wracking personal reasons, Sacks asked Weschler to abandon the profile, a request to which Weschler acceded. The two remained close friends, however, across the next thirty years and then, just as Sacks was dying, he urged Weschler to take up the project once again. This book is the result of that entreaty. Weschler sets Sacks's brilliant table talk and extravagant personality in vivid relief, casting himself as a beanpole Sancho to Sacks's capacious Quixote. We see Sacks rowing and ranting and caring deeply; composing the essays that would form *The Man Who Mistook His Wife for a Hat*; recalling his turbulent drug-fueled younger days; helping his patients and exhausting his friends; and waging intellectual war against a medical and scientific establishment that failed to address his greatest concern: the spontaneous specificity of the individual human soul. And all the while he is pouring out a stream of glorious, ribald, hilarious, and often profound conversation that establishes him as one of the great talkers of the age. Here is the definitive portrait of Sacks as our preeminent romantic scientist, a self-described "clinical ontologist" whose entire practice revolved around the single fundamental question he effectively asked each of his patients: How are you? Which is to say, How do you be? A question which Weschler, with this book, turns back on

the good doctor himself.

Migraine Auras

When the Visual World Fails

North Atlantic Books *Migraine headaches are familiar and generally treatable ailments. Less understood are migraine auras or scotoma, visual distortions—sometimes accompanied by headache and sometimes not—that make it difficult, sometimes impossible, to see clearly. Migraine auras can be frightening, disorienting, even incapacitating. Richard Grossinger, who has suffered from them himself, here presents a helpful guide to the subject that maps the terrain, describes the various forms migraine auras can take, charts his personal experiences with them, and offers informed suggestions for homeopathic and other treatments.*

Musicophilia

Tales of Music and the Brain

Vintage Canada *What goes on in human beings when they make or listen to music? What is it about music, what gives it such peculiar power over us, power delectable and beneficent for the most part, but also capable of uncontrollable and sometimes destructive force? Music has no concepts, it lacks images; it has no power of representation, it has no relation to the world. And yet it is evident in all of us—we tap our feet, we keep time, hum, sing, conduct music, mirror the melodic contours and feelings of what we hear in our movements and expressions. In this book, Oliver Sacks explores the power music wields over us—a power that sometimes we control and at other times don't. He explores, in his inimitable fashion, how it can provide access to otherwise unreachable emotional states, how it can revivify neurological avenues that have been frozen, evoke memories of earlier, lost events or states or bring those with neurological disorders back to a time when the world was much richer. This is a book that explores, like no other, the myriad dimensions of our experience of and with music.*

Migraine

The Evolution of a Common Disorder

The many manifestations of migraine can vary dramatically from one patient to another, even within the same patient at different times. Among the most compelling and perplexing of these symptoms are the strange visual hallucinations and distortions of space, time, and body image which migraineurs sometimes

experience. Portrayals of these uncanny states have found their way into many works of art, from the heavenly visions of Hildegard von Bingen to Alice in Wonderland. Dr. Oliver Sacks argues that migraine cannot be understood simply as an illness, but must be viewed as a complex condition with a unique role to play in each individual's life. Copyright © Libri GmbH. All rights reserved.

Vintage Sacks

Vintage Vintage Readers are a perfect introduction to some of the great modern writers presented in attractive, accessible paperback editions. "It is Dr. Sacks's gift that he has found a way to enlarge our experience and understanding of what the human is." —The Wall Street Journal Dubbed "the poet laureate of medicine" by The New York Times, Oliver Sacks is a practicing neurologist and a mesmerizing storyteller. His empathetic accounts of his patients's lives—and wryly observed narratives of his own—convey both the extreme borderlands of human experience and the miracles of ordinary seeing, speaking, hearing, thinking, and feeling. Vintage Sacks includes the introduction and case study "Rose R." from *Awakenings* (the book that inspired the Oscar-nominated movie), as well as "A Deaf World" from *Seeing Voices*; "The Visions of Hildegard" from *Migraine*; excerpts from "Island Hopping" and "Pingelap" from *The Island of the Colorblind*; "A Surgeon's Life" from *An Anthropologist on Mars*; and two chapters from Sacks's acclaimed memoir *Uncle Tungsten*.

Migraine

Migraine

Lichtenstein Creative Media

Migraine

A History

Johns Hopkins University Press Deeply researched and beautifully written, this fascinating and accessible study of one of our most common, disabling—and yet often dismissed—disorders will appeal to physicians, historians, scholars in medical humanities, and people living with migraine alike.

Migraine

Understanding a Common Disorder

Enchanting Pleasures

Dell *People* magazine named Eloisa James' novel *Midnight Pleasures* "Page Turner of the Week" and raved "Romance writing does not get much better than this." Now the acclaimed author returns with another sumptuous tale of passion and misadventure in Regency England. . . . Gabrielle Jerningham cherishes the portrait of her betrothed, the perfect Peter Dewland . . . until she meets his commanding older brother Quill. But it is Peter to whom she has been promised. And how can she possibly transform her voluptuous, outspoken self into the poised gentlewoman Peter requires? When Gabby's shocking décolletage plunges to her waist at her first ball, Peter is humiliated. But Quill comes to the rescue, to the peril of his heart. An accident years before has left Quill plagued by headaches—the kind that grows more excruciating with strenuous exercise. Needless to say, this hardly bodes well for siring progeny. But the very sight of Gabby leaves Quill breathless. One forbidden kiss and Quill vows to have her, headaches—and Peter—be damned! But it will take a clever man—and a cleverer woman—to turn the tables on propriety and find their way to true love. . . . **BONUS:** This edition contains an excerpt from Eloisa James's *Paris in Love*. Praise for *Enchanting Pleasures* "Another winner . . . delightful heroine, masterful hero, and an ingenious plot: intelligent, sexy fun."—Kirkus Reviews "Charismatic characters and a healthy dose of humor . . . once again, James weaves a story as rich in plot as in character."—Publishers Weekly

Hallucinations

Knopf Canada *Hallucinations*, for most people, imply madness. But there are many different types of non-psychotic hallucination caused by various illnesses or injuries, by intoxication—even, for many people, by falling sleep. From the elementary geometrical shapes that we see when we rub our eyes to the complex swirls and blind spots and zigzags of a visual migraine, hallucination takes many forms. At a higher level, hallucinations associated with the altered states of consciousness that may come with sensory deprivation or certain brain disorders can lead to religious epiphanies or conversions. Drawing on a wealth of clinical examples from his own patients as well as historical and literary descriptions, Oliver Sacks investigates the fundamental differences and similarities of these many sorts of hallucinations, what they say about the organization and structure of our brains, how they have influenced every culture's folklore and art, and why the potential for hallucination is present in us all.

The Mind of a Mnemonist

A Little Book about a Vast Memory,

With a New Foreword by Jerome S. Bruner

Harvard University Press *The Mind of a Mnemonist is a rare phenomenon--a scientific study that transcends its data and, in the manner of the best fictional literature, fashions a portrait of an unforgettable human being.*

The Executive Brain

Frontal Lobes and the Civilized Mind

Oxford University Press, USA *Made up of fascinating histories and anecdotes, Goldberg's book offers a panorama of state-of-the-art ideas and advances in cognitive neuroscience to show the importance of the human brain's frontal lobes. 3 halftones. Illustrations & graphs.*

Migraines

More than a Headache

Dundurn *A complete guide on how to treat and prevent migraines. Though often viewed as a "women's ailment," migraines affect nearly 15 percent of the world's population. In addition to the effect migraines have on the sufferers' quality of life, they also carry an economic cost, felt especially in the form of lost work time. But by recognizing the problem and taking necessary action, migraine sufferers today can take back control of their lives. This comprehensive, easy-to-read guide to migraine management answers all the most pressing questions of sufferers and those concerned for their health. Clinical neurologist Dr. Elizabeth Leroux explains what can predispose a person to experiencing migraines, what can trigger them, their phases, and the three recommended lines of treatment: lifestyle changes, crisis management, and preventative therapy. Emphasizing the need for good doctor-patient communication in a field where misunderstanding and frustration is too-often the norm, this book is as much a tool for health care professionals as it is for migraine sufferers and their families.*