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KEY=OF - HOLT DANIELA

FUTHARK

A HANDBOOK OF RUNE MAGIC

Weiser Books *A new, updated edition of the essential guide to the practice of the runes as a magical tool for spiritual development. In Futhark, rune master Edred Thorsson reinitiates us into our heritage, explaining the mysteries of a profound system of thought and practice that underlies our developing Western culture. Futhark covers both the spiritual heritage of ancient runic lore and the practical steps we can take to draw on rune power. This complete book of rune instruction includes rune history and lore, its basis in metaphysical thought and mysticism, complete definitions of the twenty-four runes of the Elder Futhark, and the etymology, phonetic value, and interpretation of each rune. The reader will learn how to perform chants and rituals using runic energy, how to sign and send runes, and how to practice runic meditation. The author's presentation of this powerful system is lucid and profound, and provides a valuable tool for spiritual transformation and self-development.*

THE BIG BOOK OF RUNES AND RUNE MAGIC

HOW TO INTERPRET RUNES, RUNE LORE, AND THE ART OF RUNECASTING

Weiser Books *Runes are the ancient Norse alphabet used for communication, divination, and magical work. Here, American runologist Edred Thorsson provides an in-depth guide to the world of runes for beginners and enthusiasts alike. Thorsson's presentation of this powerful system provides a valuable tool for self-development and spiritual transformation. The Big Book of Runes and Rune Magic: Introduces the 24 runes of the Elder Futhark along with their definitions and mystical properties Explores the historical lore of runes using archaeological evidence to explain where the runes come from, what they mean, and how they evolved Reveals the hidden lore and esoteric dimension of runes, looking at the cosmology of the Old Norse to explain the role runes played and how they were used over time Includes specific sections on rune magic and divination, rune poems, and runic numerology, as well as instructions on how to make your own runes and imbue them with numinous power, arrange the optimum setting for a rune reading, and prepare yourself psychologically and spiritually for casting the runes This book includes material from the author's previous books Futhark, Runelore, and Runecaster's Handbook.*

RUNECASTER'S HANDBOOK

THE WELL OF WYRD

Weiser Books *This complete guide shows you how to: make your own runes; load the rune with harmonious power; prepare the optimum setting for a rune reading. Includes general rune meanings, divination tables, the positive and negative aspects of each rune, its linguistic component and phonetic value, runic layouts, and sample readings. By the author of the best-selling, Futhark: Handbook of Rune Magic.*

RUNELORE

THE MAGIC, HISTORY, AND HIDDEN CODES OF THE RUNES

Weiser Books *Runework authority and author Edred Thorsson, explores the riddle of the runes. Combing historical lore with a detailed investigation, Runelore focuses on the esoteric aspects of the runic tradition. In Part One, Historical Lore, Thorsson uses archaeological evidence to explain where the runes come from, what they mean, and how they evolved. In Part Two, Hidden Lore, he takes a more psychological view of the runes and looks at the entire cosmology of the Old Norse to explain the role runes played and how they were used over time. Included are specific sections on rune magic and divination, rune poems, runic numerology, and concise explanations of the mysteries of the 24 runes. Reprinted with a newly designed cover, Runelore offers a complete picture of the Runes.*

ALU, AN ADVANCED GUIDE TO OPERATIVE RUNOLOGY

Weiser Books *This follow-up to the classic Futhark breaks new ground by applying current scientific theories on how magic works in traditional societies to the world of practical magic. ALU, An Advanced Guide to Operative Runology contains completely new and fresh descriptions of all the individual runes based on traditional sources, rune-poems, Old Norse literature, and more. Thorsson one of*

the most respected runic scholars living today, synthesizes the old and the new, the scholarly and the practical, and brings the use of runes in magical work to a new level in *ALU, An Advanced Guide to Operative Runology*. *ALU* features: Practical magic Divination practices Reveals new techniques and methods How modern English can be used in the creation of runic writings

FUTHARK

A HANDBOOK OF RUNE MAGIC

Runes are the ancient Norse alphabet used for communication, divination and magical work. In Futhark, American runologist Edred Thorsson introduces readers to the 24 runes of the Elder Futhark, their definitions and their mystic properties. The runic system of magic and mysticism is one of the most powerful forms of metaphysical thought available to the western world. This bestselling classic book on Runes continues to be required reading for those who seek true knowledge of the mystery of the Runes. Thorsson's presentation of this powerful system is lucid and profound and provides a valuable tool for spiritual transformation and self-development.

AT THE WELL OF WYRD

A HANDBOOK OF RUNIC DIVINATION

Red Wheel *The author leads you to the "holy road" that takes you to the depths of you Self, so you can communicate directly with a god -- or the gods -- and thus realize the hidden meaning of the runes.*

TAKING UP THE RUNES

A COMPLETE GUIDE TO USING RUNES IN SPELLS, RITUALS, DIVINATION, AND MAGIC

Weiser Books *An accessible, in-depth exploration of the runes as a living spiritual tradition. Diana Paxson has distilled her many years of experience working with the runes into this essential source book. Readers will learn the historical meaning of each individual rune and its use and meaning now, in contemporary culture. But, Paxson reveals, the real power of the runes comes from internalizing them and using their symbols as sources of wisdom and power. At the end of each chapter are rituals and spells for all levels of ability that aim to help internalize the attributions, meanings, symbolism, and use of the runes. Everything regarding runes is covered in this definitive workbook, from the history of runes and how to make your own rune sets, to how to work with them on a psychic, spiritual, and magical level.*

RUNE MIGHT

THE SECRET PRACTICES OF THE GERMAN RUNE MAGICIANS

Simon and Schuster *A practical handbook to the history, exercises, and techniques of German rune work • Explores the four traditional runic systems: the Older Futhark, the Anglo-Frisian Futhorc, the Younger Futhark, and the Armanic Futhork • Details powerful rune work techniques and exercises, including rune yoga and dance, runic hand gestures (mudras), rune singing (mantras), runic healing, runic tantra and sex magic, rune rituals, runic divination, and the runic theory of crystals • Examines the history of esoteric runology and the trailblazers of modern rune magic, including Guido von List, Friedrich Bernhard Marby, and Rudolf John Gorsleben Although the rune renaissance began blossoming in Anglo-American occult circles in the 1970s, the runes have been part of the occult revival in Germany since its beginning in the late 19th century, with roots that go back centuries further. Exploring the history of esoteric runology and the work of the trailblazers of modern rune magic, including Guido von List, Friedrich Bernhard Marby, and Rudolf John Gorsleben, author Edred Thorsson details the secret practices and runic systems of the German rune magicians, including techniques for using runes in unprecedented ways to draw power into your life. Thorsson explores all four of the traditional runic systems: the Older Futhark (24 runes), the Anglo-Frisian Futhorc (29-33 runes), the Younger Futhark (16 runes), and the Armanic Futhork (18 runes), developed by Guido von List. The author explains the similarities and differences between them as well as how they are all facets of the same underlying runic reality. He examines the early history and possible origins of runic symbols and systems, the renaissance of rune magic from 1919 to 1935, the effects of the Third Reich and Nazis on the runic revival, as well as the reemergence of German runology after World War II. Providing an extensive practical section, Thorsson details powerful runework techniques and exercises, including rune yoga and dance, runic hand gestures (mudras), rune singing (mantras), rune yodeling, runic healing, runic tantra and sex magic, group rites with runes, and two powerful methods of engaging transpersonal powers: the Ritual of the Ninth Night and the Ritual of the Grail Cup. He also explores runic divination, the runic theory of crystals, runic symbolism in medieval German buildings, and runic material from the documents of the Fraternitas Saturni, the Brotherhood of Saturn. By immersing yourself in the world of the runic pioneers and the practices they designed, you will emerge with a deeper understanding of runes as well as the magical world from which they emanate.*

NORTHERN MAGIC

RUNE MYSTERIES & SHAMANISM

Llewellyn Worldwide Limited *Presents a modern interpretation of Germanic religion, magic, and folklore, discussing mythology, gods and goddesses, runes, hexology, and magical systems*

A BOOK OF TROTH

NORDIC RUNES

UNDERSTANDING, CASTING, AND INTERPRETING THE ANCIENT VIKING ORACLE

Inner Traditions / Bear & Co Reveals the ancient oracle based on the runic Elder Futhark alphabet of the Norse.

A PRACTICAL GUIDE TO THE RUNES

THEIR USES IN DIVINATION AND MAGICK

Llewellyn Worldwide This guidebook will help you discover the oracular nature of the runes and how to use them as a magickal tool for insight, protection, and luck.

RUNE-SONG

A PRACTICAL GUIDE TO RUNE-GALDOR

Asatru Fok Assembly A project long in demand, Rune-Song consists of unique contents not available in previous publications. All the rune poems are recited in their original languages. Instructions for pronouncing ancient Germanic, Old English and Old Norse are also included. This also contains a complete operative system of vocal rune magic, or galdor, previously unrevealed.

RUNE MIGHT

SECRET PRACTICES OF THE GERMAN RUNE MAGICIANS

Llewellyn Worldwide Limited This book reveals, for the first time in the English language, the long hidden secrets of the German rune magicians who practiced their arts in the beginning of this century. Most of their work has been unavailable even in German for several decades. Sexual runic procedures, runic dance, yoga, gestures and more are covered in this well-researched book.

THE NINE DOORS OF MIDGARD

A CURRICULUM OF RUNE-WORK

Rune-Gild The Nine Doors of Midgard is a complete course of study in self-transformation through the Runes. It been used by the initiates of the Rune-Gild since 1980. The graded steps offer a systematic and traditional approach to inner Rune-work. The author, Edred Thorsson (Stephen Flowers, PhD), is the world's leading authority on esoteric runelore.

RUNES

Univ of California Press Describes the history of runes, suggests reasons for their invention and use, and shows examples of runic inscriptions on pottery, boxes, and memorial stones

SECRETS OF THE RUNES

DISCOVER THE MAGIC OF THE ANCIENT RUNIC ALPHABET

HarperThorsons A new edition of the text originally published in 1992 by Aquarian Press under the title of Rune Magic. The book provides a complete introduction to the history and practice of rune use suitable for the beginner and the more experienced practitioner.

THE RUNE PRIMER

A DOWN-TO-EARTH GUIDE TO THE RUNES

Rune-Net Press

THE RUNES WORKBOOK

A STEP-BY-STEP GUIDE TO LEARNING THE WISDOM OF THE STAVES

Apple The runes are not only a writing system used by some of the ancient Germanic peoples - they are also known as the Mysteries. Carved on wood, metal or stone and steeped in a rich folkloric tradition, the runes are a powerful divinatory tool. The Runes Workbook provides a fascinating insight into these Mysteries - including the history of the runes, the significance of the runic poems and runic literature, the meanings of the individual staves (stones) and methods for runic divination. Let The Runes Workbook guide you, step by step through the ancient wisdom of the runes. Learn how to cast the rune staves, then do insightful readings for yourself and others. Follow the exercises and enhance your readings with knowledge of the runic world - the mythic beings, runic lore and literature and rune magic. Learn how to enact the energy of each rune in your everyday life, carve runic talismans and prepare yourself for readings using meditation. Leon D. Wild is a Fellow of the Rune Gild, an international organisation dedicated to learning the runes, and an independent scholar who has published articles in a range of journals. He lives with his wife and animals in Australia.

TRUE BROTHERS

THE NINE DOORS OF MIDGARD

A COMPLETE CURRICULUM OF RUNE MAGIC

Llewellyn Worldwide Limited Through nine "lessons" or stages in a graded curriculum, this book takes the rune student from a stage in which no previous knowledge of runes or esoteric work is assumed to a fairly advanced stage of initiation.

RUNE MAGIC

Llewellyn Worldwide Limited Discusses the origins and meanings of runes, and their use in magic, ritual, amulets, and divination

RUNE-MAGIC

Lodestar Books Translation of the classic early 20th century German manual of rune-magic written by Siegfried Adolf Kummer with an Introduction by Edred Thorsson.

RUNES AND MAGIC

Lodestar Books Originally published in 1986, based on the author's 1984 doctoral dissertation, this volume has become the leading academic study of the topic of rune-magic. When originally released only 250 copies of this work were printed in a prohibitively expensive edition. This new revised and updated version allows more readers to discover the revolutionary contents of this book which presents a comprehensive history and theory of the concept of magic in connection with the ancient Germanic runes. It also catalogs, categorizes and analyzes the many magical formulas used by the most ancient rune-masters and shows how these formulas were utilized within the traditional Germanic cultural frame of reference. No matter what your level of interest is in the runes, this is the most in-depth text you will find. This is the third edition of this masterpiece, with numerous corrections.

THE SECRET OF THE RUNES

Inner Traditions The runes are said to have "revealed themselves" to von List, uncovering a complete cosmology and esoteric understanding of the primeval Teutonic/Aryan peoples, and becoming the cornerstone of his ideology. No other work so clearly and simply sets forth the full spectrum of von List's fantastic vision of a mystical philosophy based on Germanic principles.

WITCHDOM OF THE TRUE

A STUDY OF THE VANA-TROTH AND THE PRACTICE OF SEIDR

This is a study of the history, lore, religion and magic of the Vanic branch of the Germanic way. Its contents will prove of extreme interest to those of the Wiccan path or modern witchcraft, for it is in the way of the Vanir, or Wanesh, that their roots are to be found. From a manuscript originally titled "True Wicca." "This is an exciting book, and a breath of fresh air in a field that long needed the windows and doors thrown open!" -- Stephen A. McNallen, AFA

THE GALDRABÓK

AN ICELANDIC GRIMOIRE

Red Wheel THE GALDRABOK, or Book of Magic, is the most important single document for understanding the practice of magic in late medieval Iceland. In this translation, the author discusses books of the black art, old gods, demons of hell, runes and magical signs, theory and practice of magic.

LIVING RUNES

THEORY AND PRACTICE OF NORSE DIVINATION

Weiser Books Living Runes provides a thorough examination of the Norse runes that will challenge the experienced rune worker to deepen his or her understanding of these mysteries. The book begins with an explication of the story of Odin, the Norse god who won the runes by sacrificing himself on the World Tree. It continues by examining each of the individual runes in turn, both the Elder Futhark and the lesser-known Anglo-Saxon Futhorc. Each rune is studied not only from a historical viewpoint but also from the perspective of a modern practitioner. You will be introduced to the practice of galdr as well as the magical use of the runes and the proper way to sacrifice to them and read them for divination. Most importantly, the book specifically addresses the runes as living spirits and provides guidance on developing a working relationship with these otherworldly allies. Note: Living Runes was previously published as Runes: Theory and Practice (New Page, 2009) but for several years has only been available from Lightning Source via Ingram.

RUNES

NORSE RUNES HANDBOOK

NORSE ELDER FUTHARK RUNES AND SYMBOLS EXPLAINED

Norse Runic Magick, The Meaning of the Futhark Runes Brittany Nightshade, the author of the popular "Book of Shadows" spellbook series, has released this Runic Handbook for those who would like a compact resource detailing the Elder Futhark Runes and their meanings. This simple beginners handbook is a great reference guide for anyone wanting to familiarize themselves with the meaning behind the Futhark Runes for purposes of Divination, Rune Magick, etching, or if you just want to learn more about these ancient

Norse symbols. The runes are the written letters that were used by the Norse and other Germanic peoples before the adoption of the Latin alphabet in the later Middle Ages. Unlike the Latin alphabet, which is an essentially utilitarian script, the runes are pictographs of some of the most powerful forces in the cosmos. In fact, the word "rune" and its cognates across past and present Germanic languages mean both "letter" and "secret/mystery." The letters called "runes" allow one to access, interact with, and influence the world-shaping forces they symbolize. Thus, when Odin sought the runes, he wasn't merely attempting to acquire a set of arbitrary representations of human vocal sounds. Rather, he was uncovering an extraordinarily potent system of magic. The Runic Handbook covers all 24 Futhark Runes and has a section on common Nordic symbols and their meanings including the Vegvisir, Mjolnir, Yggdrasil, The Valknut, The Helm of Awe, and The Triple Horn of Odin. In the back of the book are large images of each Rune and Symbol with a blank backside for each image so you can write your own notes or even create your own Rune Magick Rituals.

CELESTIAL RUNE SIGILS

ELDER FUTHARK BINDRUNES

*This is the first and only book (which I am aware of) that is exclusively dedicated to a comprehensive system of bind runes created from the Elder Futhark! At a glance, it provides the following: * Easy-to-read and easy-to-use information with no expert rune knowledge required * Contains 24 black and white Elder Futhark bind runes, each with an unique stanza * Discusses the bind runes as active tools for magick, spiritual and/or self-empowerment rituals * Guidance on the purpose and use of each bindrune * Designs include additional western alchemical elements as well as a novel alchemical symbol of my own design My studies into the Elder Futhark, which have fascinated me since childhood, have been converted into a coherent system of bindrunes for everyday use without the requirement of expert knowledge. I have named this bindrune project; the Celestial Rune Sigils. It started as a set of magickal tools with which to facilitate self-improvement through the exploration of spirituality. Subsequently, I have transformed the bindrunes into a set of 24 black and white sigils, representative of their origins from the 24 Elder Futhark Runes. The sigils were initially featured on the Celestial Rune Sigils oracle deck (more details on my website) and now they have been converted into book format as well! In this book I provide guidance on the crafting, uses and invocation of the Celestial Rune Sigils. These sigils are not merely meant for use in divination, but rather they have a more active role with each sigil having a specific intention and contribution towards metaphysical, spiritual and magickal rituals. Therefore, the Celestial Rune Sigils are not only restricted to tarot readers or oracle enthusiasts. They have been created for the larger metaphysical community and would be of special interest to our energy workers and magick wielders. They are appropriate for most ages, including the very young and those who are wiser, since they can be used for both personal rituals and to assist clients during various healing and/or magick sessions. The Celestial Rune Sigils represent a metaphysical, spiritual or magickal toolbox, with each sigil representing a different metaphysical tool. Each sigil can be used in this way, much as one would use a wand, crystal or other spiritual tool. There is a lot of freedom as to how precisely to apply each card and I hope that the practitioners who make use of this book will find their own intuitive ways of applying each of the sigils during their spiritual journeys and magickal rituals. I appreciate any feedback, comments and/or reviews about this book as I am constantly striving to improve on the system and to make it relatable to all my fellow rune enthusiasts!*

HELRUNAR

A MANUAL OF RUNE MAGICK

Gardners Books Preface to the new edition: When I went to school, my history teacher told us about the old Germani. In her opinion, the Taunus mountains were populated by a bunch of brawny brawlers who wore horned helmets and small pieces of pelt. They lived in hilltop settlements which were fortified by ringwalls. Barely able to manage agriculture, they had to rely on hunting to fill their stomachs. They lived in shabby huts with mud-plastered walls and when the Romans came, they fought the invaders with crude swords, pointy sticks and by hurling rocks at them... Nowadays, the ringwalls of the Taunus are known as the work of La Tène Celts, who lived on the heights in well organised cities. For this new edition much of the text has been rewritten and updated. A large section on the bronze ages, the Celts, Germani and the later Vikings added. The theme of Wodan and Helja has been elaborated with more detail on pagan Scandinavia. The chapter on magical rune inscriptions has been extended, on Seiðr/seething trances rewritten, the bibliography updated and twelve pages of new illustrations added. The runes are a pan-European magical language. Its roots lie in the ancient pagan beliefs of our ancestors, who built many thousands of stones circles, long barrows and dolmens throughout ancient Europe. These same symbols and techniques were used by the pagan Celts and Germans. This book is a complete manual of magick based upon arcane symbolism and secret techniques.

THE RUNES: A HUMAN JOURNEY

Lulu.com Asking where the runes come from is a bit like asking in what year did Adam and Eve leave the Garden of Eden? Yet, they are connected questions. Linguistically, runes come from Phoenician roots that split into Greek and Italic to eventually form the runes with Hebrew and Arabic on the other side of the family tree. This is the Indo-European Family of Languages. The languages and the stories they tell are connected at the core and this book attempts to weave them back together. Mythology that is equally as ancient is essential to understanding the runes. You will find the stories of Norse mythology, Eastern philosophy, and even Native American traditions fleshed out in the Glossary of this book. Because it is all connected.

THE NORDIC BOOK OF RUNES

Ryland Peters & Small A guide to the secrets of rune-reading, an ancient predictive art, that teaches you how to lay out runes and interpret them instantly. Once the sacred alphabet of the Germanic people of Northern Europe, runes are more than 2,000 years old. Runes (meaning a secret or mystery) were words of power, once carved on amulets, rings and weapons, and found as inscriptions on tombstones. The 1st rune, Fehu, is connected with cattle, and since wealth was measured in the number of cows a person owned, it

has an underlying meaning of material wealth. The 11th rune, *Isa*, literally means 'ice', signifying danger and the probability of slipping up. Likewise, the 17th rune, *Tiwaz*, shares its significance with the North Star as an aid to navigation and charting life's path. In this insightful book, each of the runes is fully described, together with the symbolic images and celestial phenomena associated with them. Methods of laying out, or 'casting' the runes are described in order to give a full and comprehensive reading to answer any question. There are six spreads to choose from, from *Odin's Rune*, a simple reading with one rune stone, to using up to nine runes for deeper insight into the past, present and future.

ICELANDIC MAGIC

PRACTICAL SECRETS OF THE NORTHERN GRIMOIRES

Simon and Schuster *A practical guide to the magical systems of pre-Christian Iceland • Reveals spells and workings drawn directly from surviving magical books from the 16th to 20th century preserved at the National Library in Reykjavík • Explores the history of magic in Iceland through original translations of Icelandic folktales about famous magicians and about legendary grimoires, such as the *Galdrabók*, the oldest and most complete book of its kind • Explains how to personalize the spells through the creation of unique signs and symbols based on the mythic names of Odin and Icelandic magical alphabets* During the Christianization of Europe in the Middle Ages, many books of magic were lost as the ancient pagan traditions were suppressed. But in Iceland the practice of recording magical spells in books continued in secret for centuries, on a scale not seen elsewhere. Now housed in the National Library in Reykjavík, these surviving grimoires, which represent only a hundredth of what was lost, reveal a rich magical tradition that continued to evolve into the 20th century. Drawing directly from the actual surviving Icelandic books of magic, Stephen Flowers presents a complete system of magic based on Icelandic lore and magical practices from the 16th century onward. He explores the history of magic in Iceland in pagan and early Christian times and reveals specific practical techniques and ritual templates that readers can adapt to their unique purposes. Illustrating traditional Icelandic magical practices and the Icelanders' attitudes toward them, he shares original translations of Icelandic folktales about famous magicians, such as the legend of *Gray-Skin*, and about legendary grimoires, such as the *Galdrabók*, the oldest and most complete book of its kind. After initiating the reader into the grammar and symbols of Icelandic magic through history and lore, Flowers then presents an extensive catalog of actual spells and magical workings from the historical Icelandic books of magic. These examples provide ready-made forms for practical experimentation as well as an exemplary guide on how to create signs and symbols for more personalized magical work. The author also includes guidance on creating unique magical signs from the 100 mythic names of Odin, which he translates and interprets magically, and from Icelandic magical alphabets, symbols that connect Icelandic magic to the ancient runic tradition.

READING THE RUNES

A BEGINNER'S GUIDE

Hampton Roads Publishing *An essential introductory guide for anyone who wishes to use the runes for divination, personal guidance, and magic. Runes have an undeniable mystery and allure. To many people they are beautiful objects, a set of symbols of enigmatic meaning. In fact, the word rune comes from the Norse word *runa*, meaning "secret." On the surface, they make up an ancient alphabet known as the *Futhark* that has come down to us through the ages from the ancient Northern Traditions of Europe. But they are so much more. Runes contain magical energy that can be activated for positive and powerful change in our lives. Reading the Runes takes you back to the runes as they existed in the neo-pagan cosmogony and their birth in the *World Tree*, *Yggdrasil*. Author Kim Farnell discusses the history and mythology of the runes, as well as the link between the runes and the gods. She includes the four ancient rune poems from which humankind received the meaning behind each rune. Reading the Runes includes the official rune course material for the British Astrological and Psychic Society. The author offers practical advice for making and energizing your runes, she suggests numerous traditional rune spreads to suit a variety of purposes, and she explains rune combinations within readings.*

ODIN

ECSTASY, RUNES, & NORSE MAGIC

Weiser Books *"A god for the ages, Odin's veneration remains vital and active. Paxson provides songs, rituals, magical exercises, and practical advice to help you develop your own personal relationship with the Lord of Runes. Highly recommended." —Judika Illes, author of *Encyclopedia of Spirits*, *Encyclopedia of 5000 Spells*, and other books* *Odin is arguably one of the most enigmatic and complex characters in Norse mythology. Revered since the Viking Age, Odin has been called the greatest of the gods--the god of words and wisdom, runes and magic, a transformer of consciousness, and a trickster who teaches truth. He is both war god and poetry god, and he is the Lord of Ravens, the All-Father, and the rune master. *Odin: Ecstasy, Runes, and Norse Magic* is the first book on Odin that is both historically sourced and accessible to a general audience. It explores Odin's origins, his appearances in sagas, old magic spells, and the *Poetic Edda*, and his influence on modern media, such as Tolkien's *Lord of the Rings* trilogy. Each chapter features suggestions for rituals, exercises, and music, so readers can comprehend and become closer to this complicated god. Author Diana Paxson, an expert on Viking-era mythology, provides a complete portrait of Odin and draws on both scholarship and experience to provide context, resources, and guidance for those who are drawn to work with the Master of Ecstasy today.*

RUNES

A HANDBOOK

Boydell Press *No description available.*

THE BOOK OF RUNES, 25TH ANNIVERSARY EDITION

Macmillan *A celebration of the best-selling new-age classic contains an expanded and refined explanation of the runic system, additional commentary, and a new author introduction, in an anniversary edition that shares new insights into using runes as an insightful self-help tool. 50,000 first printing.*