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## Acces PDF Desperate Hope For The Mom Who Needs To Breathe Sarah Mae

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## Desperate

## Hope for the Mom Who Needs to Breathe

Thomas Nelson Inc For mothers of young children, this book is a lovely offering of hope, truth, freedom, wild grace, friendship, and the knowledge that they are not alone. Many moms have dreamed of life with children, and yet the reality seems far away from their dreams. Their hearts are committed, but their spirits are sagging. This book is a coffee-talk from one woman who is still "figuring-it-out-in-the-mess" (Sarah Mae) and much-needed counsel from one who is older and wiser (Sally Clarkson). The book's message speaks to the hearts of desperate women who need a friend to come alongside and encourage them, give them hope, and remind them of who they are. Desperate is a tremendous source of compassion and information for any mama of young children who: Feels she's going under Is isolated and lonely Has lost to the beast of housework Is suffering from depression and a feeling of desperation Each mother will know she has a woman who can relate with her in the daily struggles of mama-hood, and will receive wisdom from an older woman who has gone through the struggles and made it to the other side.

## The Complicated Heart

## Loving Even When It Hurts

B&H Publishing Group How do you forgive when the wound is still open? People often ask Sarah, "How did you forgive your alcoholic mother?" How do you forgive someone who carelessly brushed aside your pain, who caused such destruction, and who doesn't show remorse? How do you know when to stay and when to go? In The Complicated Heart, you will travel through Sarah's story with her, from age 14 and beyond, as she wrestles with these very questions. Prepare yourself: she holds nothing back. If you've struggled with a difficult relationship, if you've felt torn-up and crazy and confused because of it, if you just want to know how to move forward and be okay, this story is for you. Dysfunction does not have to be your destiny or your identity. Victory is on the table. What's more: you'll not only travel with Sarah, you'll travel with her mom as well as you read her mom's journal entries and letters. What goes on in the mind of the person who hurt you the most? In this story, you'll get a rare peek into that mind and heart. In these pages you'll be reminded that light always finds a way in, even in the deepest darkness, and redemption and joy are possible in the midst of trauma and unmet needs. If you want to learn how to forgive when your wound is still open, heal when circumstances don't change, and become a generational bondage-breaker, The Complicated Heart is for you. And if not for you, for someone you know. Pass it along.

## The Mission of Motherhood

## Touching Your Child's Heart of Eternity

WaterBrook Discover how understanding God's purpose and design can empower you to be the mother you long to be. No calling is greater, nobler, or more fulfilling than that motherhood. Every day, as we nurture our children, mothers influence eternal destiny as no one else can. Tragically, today's culture minimizes the vital importance of a mother's role. In The Mission of Motherhood, Sally Clarkson helps you rediscover the joy and fulfillment to be found in the strategic role to which God in all his wisdom has called you, for a purpose far greater than you can ever imagine.

## You Are Loved

## Embracing the Everlasting Love God Has for You

When a woman feels deeply loved and cherished, her whole outlook on life is infused with energy every day. All of us are born with a desire to be loved...and loved completely for who we are. Unfortunately, many of us seek this complete, everlasting acceptance and personal validation in all the wrong places or with the wrong people. Discovering that you can be loved completely by the One who knows you best is life-changing. In You Are Loved, Sally and Angela reveal many ways God has worked intimately in their lives to help them understand and know they are loved with an everlasting love that only God can give. Through their personal and sometimes painful stories, they invite you into their lives to witness the healing and restoration that can occur when a woman realizes she is completely loved. Our prayer for this book is that you will understand how deeply you are cherished and from that foundation of God's infinite love, your life will be transformed forever.

## Real Moms...Real Jesus

## Meet the Friend Who Understands

Moody Publishers What does Jesus know about the peanut-butter-and-jelly life of a mom? Plenty! Jill Savage, founder and director of Hearts at Home, introduces the real Jesus to real moms. In chapters that examine key behaviors and decisions Jesus made during His life on earth, Jill brings those lessons right down to the laundry-filled, sticky-fingered days every mother knows. Between the chapters are interactive vignettes that provide brief, refreshing glimpses into real, messy, busy lives. In Real Moms...Real Jesus, Savage continually reminds the reader that Jesus is not an unattainable deity, but a Friend who understands. A Leader's Guide is available for mom's or small group study.

## The Ministry of Motherhood

## Following Christ's Example in Reaching the Hearts of Our Children

WaterBrook Because Motherhood Isn't Just a Job. It's a Calling. A mother's day is packed with a multitude of tasks that require energy and time: preparing meals, washing clothes, straightening and cleaning the house, and caring for children. These jobs all are necessary and crucially important. But in the dailyness of providing for a child's physical, emotional, and social needs, vital opportunities for spiritual nurture and training can be overlooked. This doesn't have to be the case. You can focus your energy on what matters most. Learn how you can: • Make Life's Mundane and Nitty-Gritty Moments Work for You and Not Against You. • Discover Ways to Make Character-Building a Natural Part of Live. • Teach Your Child in the Same Way Jesus Taught the Disciples. • Pass on Crucial Gifts that Will Serve Your Family for a Lifetime. Using biblical wisdom and practical teachings, Sally Clarkson shows how you can make a lasting difference in your child's life by following the pattern Christ set with his own disciples—a model that will inspire and equip you to intentionally embrace the rewarding, desperately needed, and immeasurably valuable Ministry of Motherhood.

## The Better Mom

## Growing in Grace between Perfection and the Mess

Zondervan Mothering is messy. Our joy and hope in raising children doesn't change the reality that being a mom can be frustrating, stressful, and tiring. But just as God is using us to shape our children, God is using our children and motherhood to shape us. In The Better Mom, author Ruth Schwenk, herself a mother of four children, encourages us with the good news that there is more to being a mom than the extremes of striving for perfection or simply embracing the mess. We don't need to settle for surviving our kids' childhood.

We can grow through it. With refreshing and heartfelt honesty Ruth emboldens moms to: Find freedom and walk confidently in purpose Create a God-honoring home environment Overcome unhealthy and destructive emotions such as anger, anxiety, and more Avoid glorifying the mess of mom-ing or idolizing perfection Cultivate life-giving friendships At the heart of *The Better Mom* is the message that Jesus calls us to live not a weary life, but a worthy life. We don't have to settle for either being apathetic or struggling to be perfect. Both visions of motherhood go too far. Ruth offers a better option. She says, "It's okay to come as we are, but what we're called to do and be is far too important to stay there! The way to becoming a better mom starts not with what we are doing, but with who God is inviting us to become."

## Desperate Hope

### When Faith in God Overcame My Despair

David C Cook As her younger brother battled for life in the ICU, musician Candi Pearson-Shelton and her family sat waiting and praying, clinging to hope. Rick Pearson died anyway, at age 23. But in those tense ICU days and the painful months following Rick's death, the family found a shared purpose and a new hope: to see God glorified no matter what. This remarkable book chronicles their journey offering a song of praise to One who not only revealed His glory, but also granted a shifted perspective that changed nothing ... but somehow made all the difference. Includes the story behind the author's song, "Glory Revealed."

### The Mom Walk

Harvest House Publishers Sally Clarkson, popular speaker, author, and cofounder of Whole Heart Ministries, inspires women to look beyond the culture's view of motherhood as a task to manage efficiently and see it as a God-given calling. With biblical guidance and personal insight, Sally accompanies women through the qualities of a mother's walk with God to help them: embrace their home-based ministry discover the gift of sacrifice cultivate a heart for God's Word set spiritual goals for themselves and their children nurture fellowship and support other mothers "The Mom Walk" reaffirms the role of mothering as a divinely designed calling and encourages moms to lean on God's strength to prepare their children for whole, fulfilling, and Christ-centered lives.

### Psalm 40 Bible Study Book

### Crying Out to the God Who Delights to Rescue Us

Examine Psalm 40, ask honest questions of yourself and the Bible, and learn how to stay faithful to God amidst painful and hard times. Trace the thread of joy and purpose that comes from delighting in the Lord and the healing that only He can bring to His children. (8 sessions)

### Don't Mom Alone

### Growing the Relationships You Need to Be the Mom You Want to Be

Revell Being a good mom isn't about doing everything right to create a set of perfect trophy children--though every mom has felt the pressure to do just that and to do it all on her own. To ask for help feels like defeat. Yet when we try to do it all by our own strength, we end up depleted, lonely, and ineffective. Heather MacFadyen wants you to know that you are not meant to go it alone. Sharing her most vulnerable, hard mom moments, she shows how moms can be empowered by God, supported by others, and connected with their children. With encouragement and insight, she helps you foster the key relationships you need to be the mom you want to be. Whether you work or stay home, whether you have teenagers or babes in arms, you'll find here a compassionate friend who wants the best--not just for your kids but for you.

### Her Mother's Hope

Tyndale House Publishers, Inc. In this first of an epic family saga by Francine Rivers, mother and daughter relationships are challenged, setting their family on a course full of heartache.

### Help, I'm Drowning

### Weathering the Storms of Life with Grace and Hope

Baker Books Life is filled with unexpected storms that take you by surprise. In these storms of life, it's easy to feel helpless, exhausted, afraid . . . and alone. We can feel like victims to circumstances out of our control. Beloved author Sally Clarkson understands deeply. Through almost seven decades of life, she has found herself tossed about in overwhelming life storms through many different seasons. In *Help, I'm Drowning*, Sally identifies the challenges that took her by surprise and then leads you to the wisdom she gathered from her experiences. Finding grace to walk through the darkness and hope to make it through will give you the comfort and encouragement you need in knowing you are not alone. Though there are no easy, formulaic answers that apply to every situation, Sally leads us to the One who is with us and will see us through. Sally found the anchors that held her steady in the midst of every storm, and she wants to help you find your anchors too. She invites you into her own personal story of anchoring well, and then--with honesty, grit, and her trademark wisdom--she will help you heal and move forward with courage and strength.

### Praying Mom

### Making Prayer the First and Best Response to Motherhood

Baker Books "God, I need you to do something in my children!" Have those words found their way into your desperate prayers? Do you feel helpless to know how to equip your children for this world and all it throws at them? If so, you're not alone. When Brooke McGlothlin realized her best efforts were falling woefully short of her goal to produce godly children, she discovered the joy and power of praying Scripture over her family. Her life and her children's lives were transformed. Yours can be too. Complete with prayers for specific situations, this encouraging book is perfect for times when you · feel too busy to pray, · don't know what or how to pray, · don't know if your prayers really matter. Nothing is more powerful and faith-building than praying God's Word for those you love. Become a mom full of hope in the God who can, even if you can't. "Praying Mom is the prayer mentor you've always wanted from a mom who absolutely lives this message on her knees."--STACEY THACKER, author of *Threadbare Prayer*

### She's Gonna Blow!

### Real Help for Moms Dealing with Anger

Harvest House Publishers Tens of thousands of moms who struggle with anger have found hope, laughter, understanding, and biblical counsel in *She's Gonna Blow!* With over 100,000 in print, this bestseller now has a fresh cover and a new practical helps section with more resources and step-by-step advice. Gary Chapman, author of *The Five Love Languages of Children*, tells readers that Julie Ann Barnhill "has learned from her journey, and so will you...You'll identify with Julie's open, honest approach." Straightforward and easy-to-read, *She's Gonna Blow!* is for every mom seeking here-and-now hope and help to... find healthier ways of expressing anger let go of "control" issues and be more positive draw closer to the God who created moms and mothering

### Desperate

### Hope for the Mom Who Needs to Breathe

Thomas Nelson *Desperate* is for those who love their children to the depths of their souls but who have also curled up under their covers, fighting back tears, and begging God for help. It's for those who have ever wondered what happened to all their ideals for what having children would be like. For those who have ever felt like all the "experts" have clearly never had a child like theirs. For those who have prayed for a mentor. For those who ever felt lost and alone in motherhood. In *Desperate* you will find the story of one young mother's honest account of the desperate feelings experienced in motherhood and one experienced mentor's realistic and gentle exhortations that were forged in the trenches of raising her own four children. Also in *Desperate*: QR codes and links at the end of each chapter that lead to videos with Sarah Mae and Sally talking about the chapter Practical steps to take during the desperate times Bible study and journal exercises in each chapter that will lead you to identify ways in which you can grow as a mom Mentoring advice for real-

life situations Q & A section with Sally where she answers readers questions

## A Confident Mom

### Simple Ways to Give Your Child What They Need Most

Revell Do you long to go to bed at night knowing you've done the best you could with what you have as a mom and made a difference in your child's life--even if you can't see it yet? It's easy to compare yourself to other moms and set unrealistic expectations that make you doubt you're doing enough. You need hope and encouragement to help you find a new place to start on the days you're tempted to quit! Sharing vulnerable stories of her own struggles and doubts, award-winning author, popular speaker, and mom of three Renee Swope is a friend, cheerleader, and mentor who will come alongside to help you find purpose and meaning in the challenges and adventures of motherhood. By unpacking powerful truths of grace and love God used to rescue her from discouragement and guilt that buried her in the dirt of defeat, Renee fills this book with hope, wisdom, and practical help every mom needs. Let Renee show you simple ways to give your child what they need most through the power of heart-centered parenting that is character-focused and relationship-driven. This book will transform not only the way you parent but also the way you see yourself as a mom and as a child of God.

## The Christian Mama's Guide to Parenting a Toddler

### Everything You Need to Know to Survive (and Love) Your Child's Terrible Twos

Harper Collins What's a mom to do when her sweet baby's smiles and snuggles turn to tears and tantrums? This take on everything toddler—from throwing food to potty training to massive toddler fits—is filled with sanity-saving advice every mom wants to hear. Helpful tips include how to: stop a tantrum in its tracks (or at least survive the tantrum without breaking into tears of your own) discipline your child in a way that demonstrates Christ's redeeming love make your marriage a priority when your kid is a squeaky wheel that always seems to need your time and attention introduce your child to Jesus in a way that leads to authentic faith convince a one-and-a-half year old that broccoli really is better than cookies—even if you don't believe it yourself Moms will be entertained and encouraged by the amusing anecdotes and godly advice of this comprehensive, topical approach to parenting one and two year olds.

## Surprised by Motherhood

### Everything I Never Expected about Being a Mom

Tyndale House Publishers, Inc. A lawyer with a well-stamped passport and a passion for human rights, Lisa-Jo Baker never wanted to be a mom. And then she had kids. Having lost her own mother to cancer as a teenager, Lisa-Jo felt lost on her journey to womanhood and wholly unprepared to raise children. Surprised by Motherhood is Lisa-Jos story of becoming and being a mom, and in the process, discovering that all the what to expect and how to books in the world can never truly prepare you for the sheer exhilaration, joy, and terrifying love that accompanies motherhood. Set partly in South Africa and partly in the US (with a slight detour to Ukraine along the way), Surprised by Motherhood is a poignant memoir of one womans dawning realization that being a mom isnt about being perfectits about being present.

## Call Me Hope

Little, Brown Books for Young Readers As 11-year-old Hope struggles to live under the pressures of her verbally abusive mother, she's tempted to run away but instead chooses resilience. She creates a secret safe haven and an innovative point system (giving herself points for every bad thing her mother says to her); finds comfort and inspiration from Anne Frank, The Diary of a Young Girl; and gains a support team. Ultimately, Hope is able to confront her mother about her hurtful words and help her begin to change.

## Wild Game

### My Mother, Her Lover, and Me

Houghton Mifflin On a hot July night on Cape Cod, at the age of 14, Brodeur became a confidante to her mother's affair with her husband's closest friend. Malabar came to rely on her daughter to help, but when the affair had calamitous consequences for everyone involved, Brodeau was driven into a precarious marriage of her own, and then into a deep depression. In her memoir she examines how the people close to us can break our hearts simply because they have access to them, and the lies we tell in order to justify the choices we make. -- adapted from jacket

## Own Your Life

### Living with Deep Intention, Bold Faith, and Generous Love

Tyndale House Publishers, Inc. In a world that's moving so fast, it's easy to lose your sense of purpose. Clarkson journeys with you to explore what it means to live meaningfully, follow God truly, and bring much-needed order to your chaos. Discover what it means to own your life, and dare to trust God's hands as He richly shapes your character, family, work, and soul.

## Hope for the Weary Mom Devotional

### A 40-Day Journey

Harvest House Publishers From the authors of Hope for the Weary Mom comes a new 40-day devotional. Jesus promises rest to those who seek Him. But how can a weary mom find rest in Jesus when she doesn't know Him? How can she build her life on the truth of His Word when she doesn't know it? Hope for the Weary Mom Devotional offers 40 truths every mom needs to know in a devotional format—easy for a busy mom to fit in her life. Discover how to live dependently upon Jesus as His Word becomes more rooted in your heart. move from weariness to hope in your God-given role as mom. focus on who God is and how He moves and works in your life. Each devotion includes a prayer, Scripture, and questions for reflection. You'll be moved to deeper truth and be left with a hunger for more of God's Word.

## Having a Martha Home the Mary Way

### 31 Days to a Clean House and a Satisfied Soul

NavPress Get your home and your heart in order in just 31 days! Sarah Mae wants to let you in on a little secret about being a good homemaker: It's not about having a clean house. She'd never claim to be a natural, organized cleaner herself—yet, like you, she wants a beautiful space to call home, a place where people feel loved and at peace. Where people can really settle in with good food, comfy pillows, and wide-open hearts. Is it possible to find a balance? To care for your heart—and your home—at the same time? Journey with Sarah Mae on this easy, practical 31-day plan to get you moving and have your house looking and feeling fresh. But even more than that, you'll gain a new vision for the home of your dreams, and how to make it a place of peace, comfort, and community. Originally published as the e-book 31 Days to Clean and now revised and expanded in print for the first time, Having a Martha Home the Mary Way will inspire you to find a happier, healthier . . . cleaner way to live.

## No More Perfect Moms

### Learn to Love Your Real Life

Moody Publishers If you have ever forgotten to pick up your kids, accidentally worn two different shoes to the grocery store, or lost your cool over a messy house, YOU ARE NOT ALONE! In No More Perfect Moms, Jill Savage says it how it is: All moms struggle. We fall short of our own standard of excellence, and then we feel insecure about not being the perfect wife with the perfect kids, perfect husband, perfect home, perfect friends, perfect marriage, and perfect body... Jill speaks to the root of the insecurities mothers feel and points to a better way. No More Perfect Moms will help a mom: Change her unrealistic expectations to realistic hopes Give grace and love to her husband and children even during struggles, and discover the beauty of grace when she stops judging herself and others Find freedom from disappointment when she embraces her real family, her real challenges,

and her real, but imperfect, life With refreshing honesty, Jill exposes some of her own parental shortcomings and helps mothers everywhere shelve their desires for perfection and embrace God's beautiful grace. When moms do this, they can learn to love their real but imperfect lives.

## Different

### The Story of an Outside-the-Box Kid and the Mom Who Loved Him

NavPress Nathan was different and Sally knew it. From his early childhood, Nathan was bursting with creativity and uncontrollable energy, struggling not only with learning issues but also with anxiety and OCD. He saw the world through his own unique lens—one that often caused him to be labeled as “bad,” “troubled,” or someone in need of “fixing.” Bravely choosing to listen to her motherly intuition rather than the loud voices of the world, Sally dared to believe that Nathan's differences could be part of an intentional design from a loving Creator with a plan for his life. She trusted that the things that made him different were the very things that could make him great. Join Sally and Nathan as they share their stories from a personal perspective as mother and son. If you are in need of help and hope in your own journey with an outside-the-box child, or if you're an adult trying to make sense of your differences, you'll find deep insight, resonance, and encouragement in the pages of this book. Dare to love and nurture the “different” one in your life.

## Glimpses of Grace

### Treasuring the Gospel in Your Home

Crossway The work that goes into managing a home can sometimes feel boring and insignificant. Furman reminds women of the gospel's extraordinary power over ordinary life, helping homemakers see and savor the miraculous in the mundane.

## The Lifegiving Home

### Creating a Place of Belonging and Becoming

NavPress How to make home your family's favorite place to be . . . all year long. Does your home sometimes feel like just a place to eat, sleep, and change clothes on the way to the next activity? Do you long for “home” to mean more than a place where you stash your stuff? Wouldn't you love it to become a haven of warmth, rest, and joy . . . the one place where you and your family can't wait to be? There is good news waiting for you in the pages of *The Lifegiving Home*. Every day of your family's life can be as special and important to you as it already is to God. In this unique book designed to help your family enjoy and celebrate every month of the year together, you'll discover the secrets of a life-giving home from a mother who created one and her daughter who was raised in it: popular authors Sally and Sarah Clarkson. Together they offer a rich treasure of wise advice, spiritual principles, and practical suggestions. You'll embark on a new path to creating special memories for your children; establishing home-building and God-centered traditions; and cultivating an environment in which your family will flourish. (Don't miss the companion piece, *The Lifegiving Home Experience*.)

## The Reason for My Hope

### Salvation

Thomas Nelson What is the most hopeful word in History? For Billy Graham, that word is SALVATION. Salvation from what? From our selfish and self-destructive selves. From the messes we get ourselves into. From the sin that has haunted humanity from the beginning of time and the evil that pulls us down every day. From the cultural deceptions that blind us to God's saving message. From the Hell so many don't believe in. If we don't think we need salvation, we're fooling ourselves. If we think we are beyond salvation, we're underestimating God. If we just don't want to think about salvation, we're putting ourselves in eternal peril. At the age of ninety-five Billy Graham proclaims God's Gospel with resolve and deep compassion. It is a message he has been preaching for more than seventy years. And in this book you will sense its urgency, filled with hope for the future. “Believe on the Lord Jesus Christ, and you will be saved” (Acts 16:31) From America's evangelistic elder statesman: Salvation is what we all long for, when we are lost or in danger or have made a mess of our lives. And salvation belongs to us, when we reach out for the only One who can rescue us, Jesus. The saving message of the Gospel is the heartbeat of this preacher and evangelist. Millions around the world have heard Billy Graham proclaim this unchanging truth. He has never forgotten the transformation of his own life, when he first said yes to God's gift of salvation, and he has witnessed multitudes turn their hearts to the God of Hope. *The Reason for My Hope: Salvation* presents the essence of that transformative message. It is biblical and timeless, and though simple and direct, it is far from easy. There are hard words, prophetic words, directed toward a culture that denies the reality of sin and distracts us from the veracity of Hell. But through its ominous warnings shines a light that cannot be extinguished, a beacon of hope that Jesus came to seek and to save that which was lost. (Luke 19:10).

## Longing for Paris

### One Woman's Search for Joy, Beauty and Adventure—Right Where She Is

NavPress For anyone who has ever daydreamed of another life . . . Most days, you wouldn't trade what you have for the world. You love your husband and your kids, and you are grateful to God for your life. But there are days when you feel as though life is rolling over you in waves and you are just going through the motions. You find yourself aching for something more, something that is calling to depths of who you are, maybe for something you can't even name. For Sarah Mae, it was Paris, a place that is known for breathtaking beauty, inspiring art, and exquisite food. But as she searched her heart, she found there was more to her longings than she anticipated. Join Sarah Mae in *Longing for Paris*, a soul-searching, light-filled journey for the woman who knows she can't uproot her life to discover herself and her longings, but who desperately wants to uncover them so she can get unstuck and choose a life that is filled with beauty, adventure, and deep joy . . . right where she is.

## About Your Father and Other Celebrities I Have Known

### Ruminations and Revelations from a Desperate Mother to Her Dirty Son

Forefront Books Peggy Rowe is at it again—this time giving a hilarious inside look at growing up Rowe, both before and after Mike's rise to fame. Since the day they said, “I do,” Peggy's previous “doting” lifestyle met with her husband John's minimalist ways and became the backdrop for years of adventure and a quirky sense of humor because of their differences. From thoughts of wearing headlamps in the house to save energy, to squeezing out the last drop of toothpaste with a workbench vise, Peggy learned to pick her battles and celebrate the hilarity in each situation. Once their boys were born, woodstove mishaps and garbage dumping tales were the seed for Mike's obsession with doing dirty jobs and the comical presence he is known for today. As Mike rose to fame, Peggy was his biggest fan—who gave motherly advice and constructive criticism, of course. She baked cookies for Mike to take to Joan Rivers for a Christmas party hostess gift, and even wrote fan letters under faux names and mailed them from different cities to Mike's producer. By the time Mike hits it big, Peggy and John retire to face more adventures, with a lightning strike in their condo, an elderly friend who ate marijuana leaves, and entering into celebrity status by making Viva paper towel and Lee jeans commercials, plus so much more. Peggy's stories relive the details that intrigue and entertain old and new fans alike. So if you want a bigger, even funnier take on the Rowe family, *About Your Father and Other Celebrities I Have Known* delivers.

## Out of My Mind

Simon and Schuster Considered by many to be mentally retarded, a brilliant, impatient fifth-grader with cerebral palsy discovers a technological device that will allow her to speak for the first time.

## Moms to Moms

### Parenting Wisdom from Moms in Recovery

Conari Press Being a mom is one of the hardest and most important jobs a woman can have. Being a mom in recovery is even more challenging. In *Moms to Moms*, counselor Barbara Joy shares the stories, advice, and inspiration from more than 60 mothers in recovery from across the United States who have struggled with addiction. These are women of all ages, races, and religious affiliations who candidly share their experiences: the challenges of being a mom in recovery, the values they want to teach their children, and their fears, struggles, and accomplishments. This is a book that offers help and hope to busy, stressed out moms in recovery; a book they can turn to again and again to find inspiration,

comfort, and advice. Joy offers evaluation tools and strategies for positive parenting, journaling activities for reflections, and affirmations designed to relieve stress and reinforce positive behavior.

## Please Look After Mom

**Vintage WINNER OF THE MAN ASIAN LITERARY PRIZE** When sixty-nine-year-old So-nyo is separated from her husband among the crowds of the Seoul subway station, her family begins a desperate search to find her. Yet as long-held secrets and private sorrows begin to reveal themselves, they are forced to wonder: how well did they actually know the woman they called Mom? Told through the piercing voices and urgent perspectives of a daughter, son, husband, and mother, *Please Look After Mom* is at once an authentic picture of contemporary life in Korea and a universal story of family love.

## American Baby

## A Mother, a Child, and the Secret History of Adoption

**Penguin A New York Times Notable Book** The shocking truth about postwar adoption in America, told through the bittersweet story of one teenager, the son she was forced to relinquish, and their search to find each other. “[T]his book about the past might foreshadow a coming shift in the future... ‘I don’t think any legislators in those states who are anti-abortion are actually thinking, ‘Oh, great, these single women are gonna raise more children.’ No, their hope is that those children will be placed for adoption. But is that the reality? I doubt it.’”[says Glaser]” -Mother Jones During the Baby Boom in 1960s America, women were encouraged to stay home and raise large families, but sex and childbirth were taboo subjects. Premarital sex was common, but birth control was hard to get and abortion was illegal. In 1961, sixteen-year-old Margaret Erle fell in love and became pregnant. Her enraged family sent her to a maternity home, where social workers threatened her with jail until she signed away her parental rights. Her son vanished, his whereabouts and new identity known only to an adoption agency that would never share the slightest detail about his fate. The adoption business was founded on secrecy and lies. *American Baby* lays out how a lucrative and exploitative industry removed children from their birth mothers and placed them with hopeful families, fabricating stories about infants' origins and destinations, then closing the door firmly between the parties forever. Adoption agencies and other organizations that purported to help pregnant women struck unethical deals with doctors and researchers for pseudoscientific “assessments,” and shamed millions of women into surrendering their children. The identities of many who were adopted or who surrendered a child in the postwar decades are still locked in sealed files. Gabrielle Glaser dramatically illustrates in Margaret and David’s tale—one they share with millions of Americans—a story of loss, love, and the search for identity.

## Totally Desperate Mom

## Keepin' it Real in the Motherhood

**Winepress Publishing** This book is a comical look at the journey into motherhood through the preschool years from a mom in the trenches. It’s your turn to pee your pants (from laughter, not postpartum incontinence), feel refreshed, pick up a few tips, and reflect on the gift of children.

## Gospel-Centered Mom

## The Freeing Truth About What Your Kids Really Need

**Multnomah It’s Time to Stop Trying to Be the Perfect Mom** You long to be the mom your kids need, but often you’re convinced you come up short. The label “not enough” seems to be stamped across everything you do—and yet parenting is the one thing you want most to get right. What if the solution is simply to embrace the truth that you are not enough—but God is? In *Gospel-Centered Mom* Brooke McGlothlin reveals how our entire approach to motherhood shifts when we stop chasing our vision of a perfect family and start full-out pursuing God. With refreshing candor, Brooke examines the daunting task of raising children in the light of God’s Word and challenges you to: · embrace your moment-by-moment need for Jesus · release the stress of believing everything is your responsibility · learn to fight for rather than against your child · believe that the story God is writing with your life is worth the sacrifice · practice the daily disciplines that lead to Gospel-centered parenting As you learn to anchor your life in the Gospel, you’ll find increased freedom, purpose, and joy in motherhood. And you’ll discover that Jesus is more than capable of meeting every need, for your children and for you.

## The Lost Mother

## A Novel

**Open Road Media Abandoned** by his wife, a man tries to protect his family during the Great Depression, in this “powerful” novel by the bestselling author of *Songs in Ordinary Time* (Publishers Weekly). During the Great Depression, rural Vermont suffers along with the rest of the country, and Henry Talcott, with only occasional work as a butcher, is reduced to moving into a tent on the edge of Black Pond with his two children. Their beautiful but unreliable mother has left them, and Henry is devastated by her desertion. He hasn’t told Thomas or Margaret why she left—or if she will return. Told from twelve-year-old Thomas’s perspective, *The Lost Mother* follows this shattered family as a wealthy neighbor begins to woo the children as companions for her strange, housebound son, and Henry weighs an unexpected proposition, the consequences of which may cost him everything. “A perfectly lovely story about perfectly awful things” by the New York Times–bestselling and National Book Award–nominated author of *A Dangerous Woman* and *Light from a Distant Star*, *The Lost Mother* is “the quietest, subtlest novel that has ever kept [its readers] up into the small hours of the night, unable to look away” (The Washington Post).

## More Than Just Making It

## Hope for the Heart of the Financially Frustrated

**Zondervan More Than Just Making It** is your invitation to reimagine what the good life can be. Join Erin Odom, a mom thrown into low-income living, to learn how to overcome your circumstances, find creative ways to earn and save, and reset your heart and budget according to God’s designs. When you’re trapped in a cycle of financial frustration, and you feel like you’ve tried everything only to end up with more month than money yet again, *More Than Just Making It* is your promise and pathway to thriving again. Take it from someone who’s been there. Erin Odom grew up in the private schools and neatly manicured lawns of Upper Middle-Class America but was thrown into low-income living during the economic crash. She was a stay-at-home-mom, her husband was supporting the family on a teacher’s salary, and even though they had no debt to their name, they were scrambling to make ends meet. Suddenly Erin found herself standing in line for food stamps, turning down play dates because she couldn’t afford the gas, and ultimately walking into bankruptcy court in the eighth month of her third pregnancy. *More Than Just Making It* tells the story of their breaking point, as well as the triumph of their comeback. It took hard work, creativity, and faith in God’s provision to reset their bank account as well as their hearts, but ultimately, they found a new way to thrive and freedom from financial anxiety. You can do the same. Learn how Erin and her family saved enough money to put \$30,000 down on a home, buy a minivan in cash, and begin sending their daughter to private Christian school. *More Than Just Making It* will encourage you to rise above your circumstances, empower you with money-saving tips, and reimagine the good life as God designed it outside the myth of the American Dream.

## Ordinary Girls

## A Memoir

**Algonquin Books One of the Must-Read Books of 2019** According to *O: The Oprah Magazine* \* *Time* \* *Bustle* \* *Electric Literature* \* *Publishers Weekly* \* *The Millions* \* *The Week* \* *Good Housekeeping* “There is more life packed on each page of *Ordinary Girls* than some lives hold in a lifetime.” —Julia Alvarez In this searing memoir, Jaquira Díaz writes fiercely and eloquently of her challenging girlhood and triumphant coming of age. While growing up in housing projects in Puerto Rico and Miami Beach, Díaz found herself caught between extremes. As her family split apart and her mother battled schizophrenia, she was supported by the love of her friends. As she longed for a family and home, her life was upended by violence. As she celebrated her Puerto Rican culture, she couldn’t find support for her burgeoning sexual identity. From her own struggles with depression and sexual assault to Puerto Rico’s history of colonialism, every page of *Ordinary Girls* vibrates with music and lyricism. Díaz writes with raw and refreshing honesty, triumphantly mapping a way out of despair toward love and hope to become her version of the girl she always wanted to be. Reminiscent of Tara Westover’s *Educated*, Kiese Laymon’s *Heavy*, Mary Karr’s *The Liars’ Club*, and Terese Marie Mailhot’s *Heart Berries*, Jaquira Díaz’s memoir provides a vivid portrait of a life lived in (and beyond) the borders of Puerto Rico and its complicated history—and reads as electrically as a novel.